



MINUTES

REGULAR MEETING OF THE COMMITTEE ON AGING

Recreation Department Senior Services Division

Wednesday, October 17, 2012 3:00 P.M.

Council Chambers, City Hall
10890 San Pablo Avenue
El Cerrito, CA 94530

This Meeting Place Is Wheelchair Accessible

Roll Call

Present: Shirley Cressey, Lillian Daniels, Mark Guthrie, Kimi Honda, Janet James, Dr. Pansy Kwong, Callie Major, Willa Sudduth and Kim Marlia

Absent: Elizabeth Carty and Vera Gibbs Winston

Council Liaison: Janet Abelson

Staff: Janet Bilbas, Chris Jones and Liza Espadilla

Guest: Joanna Selby

Meeting called to order at 3:00 P.M.

1. APPROVAL OF MINUTES

The minutes of September 18, 2012 stand approved as written.

2. PUBLIC COMMENT

Mr. Guthrie shared that October 17th reminded people about the Loma Prieta earthquake of 1989 that caused a major earthquake that struck the San Francisco Bay Area. He shared his concern about El Cerrito, especially the senior population, of not being prepared for the next major earthquake. He wanted the El Cerrito Senior Center to provide community outreach, specifically with the elderly population, to make them aware of what to do to become more prepared when the next major earthquake happens. A discussion followed on El Cerrito-Kensington CERT (Community Emergency Response Team), emergency supply list, first aid, disaster preparedness, public phone system and damage assessment.

Ms. Honda mentioned attending the El Cerrito Strategic Planning workshop. She said that the City of El Cerrito needs a bigger Senior Center and library. A discussion followed on the El Cerrito Strategic Planning survey, proposal for new Senior Center & Library, fundraising, and establishing a non-profit foundation for the Senior Center.

3. PROGRAM

A. Committee on Aging Meeting Location

Dr. Kwong asked members about their opinion on moving the Committee on Aging meeting location from City Hall, 10890 San Pablo Avenue, to the Senior Center, 6500 Stockton Avenue. A discussion followed on issues on wheelchair accessibility, transportation, parking, public access and space availability at the Senior Center.

Mr. Jones, Recreation Director, suggested Committee on Aging members to tour of the Senior Center prior to making a decision. Committee members agreed to revisit the topic after issues at the Senior Center are resolved.

B. Goals and Objectives

Dr. Kwong read the following topic presentations recommended by the Committee on Aging members:

- Earthquake Preparedness (April 2013)
- Senior Center Accessibility Improvements
- Advocate for New Senior Center
- End of Life & Advance Directives (July 2013)
- DMV Driving Program
- Crime Prevention. (October 2013)

Committee on Aging members discussed and agreed to provide a quarterly program presentation to be held at City Hall, Council Chambers, prior to the Committee on Aging meeting at 3:00PM.

4. REPORTS

A. Council Liaison Report

Councilwoman Abelson reported that the City of El Cerrito adopted a resolution authorizing to partially fund three School Resource Officers (SROs), Design-Build Agreement for Construction of Solar Photovoltaic Systems on various city facilities, and Potrero Avenue Intersection Safety Improvements between 55th and 56th Streets.

B. Affordable Housing Project Update – No report.

C. Housing Subcommittee

Ms. James announced that the Eskaton Hazel Shirley Manor is providing a free HICAP presentation on Sunday, October 28, 2012 at 2:00PM.

D. Transportation Subcommittee – No report.

E. Legislative (State & Federal) – No report.

F. Area Agency on Aging Advisory Council - No report.

G. West County Senior Coalition (WCSC)

Ms. Cressey attended the WCSC meeting and received information on Proposition 30, electrical cars for rent, and Richmond shuttle program.

H. Health Care Subcommittee

Dr. Kwong submitted and read the influenza vaccine report as follows “the flu shot is the most effective way to prevent getting sick with the flu. This year’s vaccine contains protection against two new strains of virus and one old strain from last year. Everyone 6 months and older should get the vaccine. It takes two weeks to reach maximal effectiveness and its effectiveness lasts 6-8 months. The cost of a flu shot is covered by Medicare.”

I. Membership

Ms. Daniels reported calling Ms. Babcock about membership to the committee. Ms. Bilbas shared calling Ms. Babcock thanking her for submitting an application for membership and also informing her that she is required to attend three consecutive meeting to qualify for recommendation to membership.

5. STAFF LIAISON REPORT

Ms. Bilbas reported a plan to bring back the Friends of El Cerrito Foundation to help support the Senior Center, apply for non-profit status, and fundraising events. She said that she is recruiting for officers for the foundation. Dr. Kwong and Ms. Cressey volunteered to join the foundation. Mr. Marlia said he is curious about the legal aspect of forming a non-profit foundation.

6. ITEMS FOR NEXT AGENDA

7. ADJOURNED REGULAR COMMITTEE ON AGING MEETING at 4:30 p.m.

Submitted by:

Liza Espadilla

Administrative Clerk Specialist

City of El Cerrito Senior Services Division

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COMMUNICATION ACCESS INFORMATION

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