Roll Call

Present: Karen Christian, Mark Guthrie, Kimi Honda, Janet James, Dr. Pansy Kwong, Callie Major, Kim Marlia, Gabriel Quinto, Joanna Kim Selby, Willa Sudduth and Nola Veganez-Chavez
Excused: Arlinda Babcock, Shirley Cressey, Lillian Daniels and Vera Gibbs Winston
Council Liaison: Janet Abelson
Staff: Janet Bilbas
Guest: None

Meeting called to order at 3:00 P.M.

1. APPROVAL OF MINUTES
   Minutes of July 17, 2013 approved as written.

2. PUBLIC COMMENT
   No comment from the public.

3. REPORTS
   A. Council Liaison Report
      Councilwoman Abelson reported that the City Council passed the “No Plastic” law as the city bans the use of plastic or Styrofoam. Effective January 1, 2014 a plastic bag will cost $0.05 and $0.10 by 2016.

      Councilwoman Abelson announced that AT&T plans to add a new cell phone tower at 851 Seaview Drive in El Cerrito. She explained that since it is a federal law the City Council could not discuss details as they must abide by federal government guidelines.

   B. Affordable Housing Project Update – No report.

   C. Housing Subcommittee – No report.

   D. Transportation Subcommittee
      Mr. Guthrie reported that Paratransit riders will be given an I.D. number for faster registration, better auto call back and earlier, and riders will be notified 10 minutes before their ride.

   E. Legislative (State & Federal)
      Mr. Guthrie reported that the House Bill 861, Elder Victim Act of 2013, has not yet passed. He added that the House Bill was introduced to address elder abuse at care home facilities.

   F. Area Agency on Aging Advisory – No report.
Ms. Selby reported that the Obamacare campaign is finished as enrollment begins October 1, 2013. She added that the uninsured will have to buy insurance beginning October 1st until March 2014; otherwise, they will face an annual penalty on their taxes.

Ms. Selby pointed out that the ambulance bill is $1,900 while Medicare only pays $600. She expressed her disappointment as she explained the hardship and difficulty for patients to afford the cost of ambulance service.

G. West County Senior Coalition (WCSC)
Mr. Quinto suggested having Dr. Carson of Doctors Medical Hospital to do a public presentation on heart attack or stroke. Members agreed to have Dr. Carson as guest speaker to discuss heart attack or stroke prevention.

H. Health Care Subcommittee
Ms. James announced that Flu Shots will be available at the Hazel Shirley Manor on Friday, September 20, 2013.

I. Membership – No report.

4. NEW BUSINESS
   A. GUEST SPEAKERS SUBCOMMITTEE
      Gabriel Quinto, Mark Guthrie and Nola Veganez-Chavez were nominated to the Guest Speaker Subcommittee.

5. STAFF LIAISON REPORT
   Ms. Bilbas reported updates on the following:
   • Insomnia & Relaxation Workshop with Pamela J. Kimmel, MA., LMFT on Wed., Sept. 11, 2013, 2-3PM at the Open House Senior Center.
   • Bone for Life ® (6-Week Session) with Trish Clifford on Wed., Sept. 18 – Oct. 23, 2013, 9-10AM at the Open House Senior Center.
   • Easy Ride Paratransit Service – Let’s Go Shopping for $5 round trip to Pacific East Mall, Costco, Grocery Outlet and Target between 9-12noon.

6. ITEMS FOR NEXT AGENDA
   • EL CERRITO POLICE DEPARTMENT CRIME REPORT
   • EL CERRITO AREA FOUNDATION FOR SENIORS

7. ADJOURNED REGULAR COMMITTEE ON AGING MEETING at 4:15 P.M.

Submitted by:
Janet Bilbas, MS
City of El Cerrito Senior Services Division

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