



ECCOA Senior Snippets February 2020



City of El Cerrito Committee on Aging Senior Snippets February 2020

Legislative: We Love MEDICARE, MEDICAID and SOCIAL SECURITY. Call your Congressman and U.S. Senator Today! (866)220-0044 (TOLL FREE CAPITOL SWITCHBOARD).

Scam Alert: We used to advise not to respond to phone calls or emails that purport to be the IRS. The IRS would only use regular mail to contact you. Surprise! The scammers have caught on and now they are using regular mail to scam seniors. Always check with a professional tax adviser before responding. You can contact Floyd Sam, representative for AARP tax assistance, to assist you with this. To contact him, please call the Midtown Activity Center (510)559-7677 to leave him a message and he will contact you.

Volunteer Opportunity: Connecting the Ages is collaborating with both the El Cerrito Recreation Department and some local elementary schools to organize activities between seniors and children. If you have an interest working with pre-school children and/or elementary-aged students, contact the Midtown Activity Center (510) 559-7677.

Technology: Interested in learning about an inexpensive, easy home security camera system? Check out Wyze camera (available from Wyze.com). The camera comes with a phone-based app that lets you monitor your home from anywhere, anytime, all from your smartphone. It plugs into a wall outlet and saves intruder clips to the web. Check it out!

How may we better serve You? If you have observed something in El Cerrito that is not senior-friendly or needs to be altered to better serve our aging community, please come to the Committee on Aging meetings. We ask for public comments at the beginning of each meeting and one may present matters to the Committee. Speakers are limited to three minutes. Meetings held on the 3rd Wednesday of each month at 3p.m., located in the City Council Chambers.