MINUTES

REGULAR MEETING
OF THE
COMMITTEE ON AGING

Recreation Department Senior Services Division

Wednesday, May 16, 2012 3:00 P.M.
Council Chambers, City Hall
10890 San Pablo Avenue
El Cerrito, CA 94530
This Meeting Place Is Wheelchair Accessible

Roll Call
Present: Elizabeth Carty, Shirley Cressey, Lillian Daniels, Mark Guthrie, Dr. Pansy Kwong, Callie Major, Kim Marlia, Willa Sudduth, and Vera Gibbs Winston
Excused: Kimi Honda and Janet James
Council Liaison: Janet Abelson
Staff: Ellen Paasch and Liza Espadilla

Meeting called to order at 3:10 P.M.

1. **APPROVAL OF MINUTES**
   Action: Moved, seconded (Sudduth/Cressey) and carried unanimously to approve the meeting minutes of April 18, 2012.

2. **PUBLIC COMMENT.** No public comment.

3. **REPORTS**

   A. Council Liaison Report
   Councilwoman Abelson reported that the City Council received update on business recruitment and attraction activities from the El Cerrito Economic Development, proclamation commemorating the dedication of the Blue Star By-Ways Monument in Richmond, appointment of Mr. Kim Marlia to the Committee on Aging, Master Fee Schedule for FY2012-2013, and extension of exclusive Negotiation Rights Agreement with Eden Housing.

   B. Affordable Housing Project Update – No report.

   C. Housing Subcommittee – No report.

   D. Transportation Sub-Committee
   Mr. Guthrie spoke about the construction of the El Cerrito bicycle lane project in Fall 2012 to redesign a route from San Pablo to Pomona Avenues via Moeser Lane.

   E. Legislative (State & Federal)
   Mr. Guthrie reported that updates on the California projected revenue had fallen short 5% according to the Governor's press conference last Friday. A possible budget cuts on public hospitals, IHSS, cut DMV to 4 days of operation and employees 40 hours to 37 working hours, and federal cuts unemployment benefits short.

   F. Area Agency on Aging Advisory Council - No report.

   G. West County Senior Coalition – No report.

   H. Health Care Sub-Committee
   Dr. Kwong shared concerns over the long-term use of bone drugs and read report as follows…"the FDA published an analysis of popular bone-building drugs called biphosphonates. These drugs are

used by millions of women. Although the FDA did not issue recommendations, it did suggest caution about long-term use of the drugs. The concern regarding these drugs is that after years of use, the drugs may actually weaken the bones in some women. Long-term use may lead to rare side effects such as unusual fractures of the thighbone, painful and disfiguring crumbling of the jaw and cancer of the food pipe. The analysis found that for the most women there is little benefit after three to five years of use. Women who have been on these drugs should discuss it with their doctors."

I. Membership

Ms. Daniels reported that Ms. Iola Baker is interested in joining the committee and plans to attend the next meeting.

J. Bylaws

Dr. Kwong and Bylaws Subcommittee members agreed to conform to the city regulations. Ms. Paasch will send Dr. Kwong a copy of the City Regulations.

4. OLD BUSINESS

A. Subcommittee Assignment

Subcommittee assignment to read as follows:
Housing – Janet James & Willa Sudduth
Transportation – Shirley Cressey & Mark Guthrie
Legislative – Elizabeth Carty & Mark Guthrie
Area on Agency on Aging Advisory Council – Vacant
West County Senior Coalition – Shirley Cressey & Willa Sudduth
Health Care – Kimi Honda, Dr. Pansy Kwong & Willa Sudduth

B. Program List

Ms. Paasch reviewed the program list with Dr. Kwong and members. A discussion followed to invite the El Cerrito Police Chief to discuss home safety and burglary in June, tour of the new Recycling Center in July, and Advance Directives with attorney David Brown in August.

Ms. Paasch confirmed that members will meet at the Recycling Center on Wednesday, July 18, 2012, 3 P.M. in lieu of the regular scheduled Committee on Aging meeting.

5. STAFF LIAISON REPORT

Ms. Paasch reported updates on the Street Play, Boards & Commissions Dinner, Fourth of July & WorldOne Festival, 30th Annual Senior Information & Health Fair, Annual Senior Night Out, CCTA Measure J Fund, and new energy-efficient outdoor lighting at the senior center.

6. ITEMS FOR NEXT AGENDA

7. ADJOURNED REGULAR COMMITTEE ON AGING MEETING at 4:30 p.m.

Submitted by:
Liza Espadilla
Administrative Clerk Specialist
City of El Cerrito Senior Services Division

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COMMUNICATION ACCESS INFORMATION

To request a meeting agenda in large print, Braille, or on cassette, or to request a sign language interpreter for the meeting, call Ellen Paasch, Staff Liaison at (510) 559-7035 at least *FIVE (5) WORKING DAYS NOTICE PRIOR TO THE MEETING* ***to ensure availability.***

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