

El Cerrito Swim Center – Summer 2018 Pool Schedule (7/5/18)

Management reserves the right to change the schedule at short notice. Please check on-line for the most current schedule: www.el-cerrito.org/swimcenter

All patrons must check in at the swim window prior to entering the facility.
If lifeguards are rotating, please WAIT at the swim window to be checked in prior to entering or drop pass card in plastic box provided.

7007 Moeser Lane - El Cerrito, CA 94530 - Phone: 510-559-7011 - Fax: 510-528-9413 ~ Email: recreation@ci.el-cerrito.ca.us

Adult Programs – June 11 – August 19

Adult programs take place in the Emery G. Weed III Lap Pool

Modified Pool Schedules & Closures: 7/4 (pool closed)

Adult Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Lap Swim (3+ Lanes) Lap Swim shares the pool with other programs.	6–8am 9am–12:30pm	6am–12:30pm	6am–12:30pm	6am–12:30pm	6am-12:30pm	10am–12:30pm	8:30am–12:30pm	
	1:15–3:15pm* *shares with Rec Swim	1:15–3:15pm* *shares with Rec Swim	1:15–3:15pm* *shares with Rec Swim	1:15–3:15pm* *shares with Rec Swim	1:15–3:15pm* *shares with Rec Swim	1:15–3:15pm* *shares with Rec Swim	1–4pm* *shares with Rec Swim	1–4pm* *shares with Rec Swim
	6–7:30pm	6-7:30pm	6–7:30pm	6–7:30pm	6–7:30pm	5–7pm * *shares with Rec Swim		
Water Walking (shallow lane only) (lane 0)	6–8am 10:30–11:30am	6–11:30am	6–9am 10:30–11:30am	6–11:30am	6–11:30am		8:30–12:30pm	
Independent Exercise (lane 0,1)		9-10am		9–10am	9-10am			
Water Aerobics S=shallow water (lane 0) D=deep water (lane 1,2)	9–10am (S) 12–1pm (D) 6:30–7:30pm (D)		9–10am (S) 6:30–7:30pm (D)		12–1pm (D)	8–9am (S/D)	10:30-11:30am* *select dates: July 8, 15, 22 August 12,19,26	
EC Aquatic Masters	6-7am 7-8am	6-7am 7-8am	6-7am 7-8am	6-7am 7-8am	6-7am 7-8am	8–9:30am	8:30–10am	
Water Polo		7:30–9pm		7:30-9pm				
Teen/Adult Swim lessons	6–7:30pm		6–7:30pm	6–7:30pm		8:30-12:30pm		

Family Programs – June 11 – August 19, 2018

Weekday Recreation Swims end for the Season on Friday, 8/17/18

Modified Pool Schedules & Closures: 7/4 (pool closed)

Family Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Recreation Swim (Both pools & Splash Park) Low diving board only open M-Fri, 1:15-3:15pm Both diving boards open Fri, 4-7pm, Sat & Sun, 1-4pm	1:15–3:15pm *low diving board	1:15–3:15pm *low diving board	1:15–3:15pm *low diving board	1:15–3:15pm *low diving board	1:15–3:15pm *low diving board 4–7pm <i>(Lap pool & diving boards open at 5pm)</i> *both diving boards	1–4pm *both diving boards	1–4pm *both diving boards
Splash Park (Splash Park only) No access to recreation pool	9–11:30am 4–7pm	9–11:30am 4–7pm	9–11:30am 4–7pm	9–11:30am 4–7pm	9–11:30am	10am – 12pm	
Mini-Recreation Swim* *Activity Pool only! Pool space shared with swim lessons. No water slide or toddler area.		6:30–7:30pm	6:30–7:30pm	6:30–7:30pm			10am-12pm
Tot Splash! Play time in the Activity Pool for families with children 6 and under. All children must be accompanied by an adult. Lifejackets available for use.	11:30am-12:30pm* *select dates: June 11, 18, 25 July 23, 30	11:30am-12:30pm* *select dates: June 12, 19 July 24	11:30am-12:30pm* *select dates: June 20 July 25	11:30am-12:30pm* *select dates: June 21 July 26	11:30am-12:30pm* *select dates: June 15, 22 July 13, 27		
Swim Lessons	9:30–11:30am 3:30–7:30pm	9:30–11:30am 3:30–7pm	9:30–11:30am 3:30–7:30p	9:30a – 11:30a 3:30–7:30pm	9:30-11:30am	8::30am–12:30pm	
Gators Swim Club Pre = Pre-Team (M-Th) SD=Stroke Development JR = Junior Group SR = Senior Group	SR: 8–9:30am JR: 3:15-4:45pm SD: 4:30–5:30pm Pre: 5:30–6:20pm	SR: 8–9:30am JR: 3:15-4:45pm SD: 4:30–5:30pm Pre: 5:30–6:20pm	SR: 8–9:30am JR: 3:15-4:45pm SD: 4:30–5:30pm Pre: 5:30–6:20pm	SR: 8–9:30am JR: 3:15-4:45pm SD: 4:30–5:30pm Pre: 5:30–6:20pm	SR: 8–9:30am JR: 3:15-4:45pm SD: 4:30–5:30pm Pre: 5:30–6:20pm Pre= No Practice		
Picnic Area Rental (during public Rec Swim)					4–7pm	1–4pm	10am-12pm 1–4pm
Recreation Pool Rental (Private)						4:30-7pm	4:30–7pm
Splash Park Rental (Private rental)						4:30–7pm	4:30–7pm



El Cerrito Swim Center

7007 Moeser Lane ~ El Cerrito, CA 94530 ~ www.el-cerrito.org
 Phone: 510-559-7011 ~ Fax: 510-528-9413 ~ E-mail: recreation@ci.el-cerrito.ca.us



Note to Swimmers

All patrons must check in at the swim window prior to entering the facility. If lifeguards are rotating, please WAIT at the swim window to be checked in prior to entering. Rotations can take up to 5 minutes. If you need to renew or purchase a pass, please plan to arrive a few minutes early to complete the process prior to swimming. Swimmers must exit the locker rooms and facility no later than 20 minutes after the scheduled program so that we may facilitate maintenance and set up. Please plan time needed for restroom and shower use accordingly.

El Cerrito Swim Center is not responsible for lost or stolen items. Do not leave belongings unattended. Lockers are available for use in the locker rooms. Please bring your own lock. Locks left on lockers at the close of business will be cut off and belongings will be put in lost and found. Lost and found items are donated to Good Will monthly.

Program Descriptions

<u>Lap Swim</u> Ages 14 & Up	<u>Water Walking</u> Ages 14 & Up	<u>Recreation Swim</u> All ages with supervision	<u>Mini-Recreation Swim</u> All ages with supervision	<u>Splash Park</u> All ages with supervision
For those interested in fitness through swimming. Swimmers must engage in continuous lap swim and observe proper lap swim etiquette. Lap swim times share pool space with other programs. Please consult pool schedule for lane availability.	For non-lap aquatic exercise activities in shallow lane only. Aquatic exercise equipment not available for use. Please consult pool schedule for lane availability.	A non-structured swim time for people of all ages to enjoy the water. Basic rules of water safety and behavior will be enforced. Swimmers must be a minimum of 48 inches tall to use the water slide. Swimmers must pass a swim test to use diving boards (when available). Children 6 & under must be accompanied <i>in the water</i> by a parent/guardian. Children ages 3 & under are required to wear a swim diaper.	Play time in the water for families with younger children. Mini-Recreation Swim takes place in the Activity pool and shares pool space with swim lessons. Mini-Recreation Swim takes place in the section of the pool with a depth of 3.5 feet. The water slide is CLOSED. Toddler area MAY NOT be available. Lifejackets are available, please speak with a lifeguard. Children ages 3 & under are required to wear a swim diaper. Children 6 and under must be accompanied in the pool by an adult.	The Splash Park is a non-lifeguarded area of the swim center with open times available for families with young children who enjoy playing in the water. Parents/Guardians are solely responsible for their children. Splash Park ONLY times have no access to the recreation pool. Children ages 3 & under are required to wear a swim diaper.
<u>Water Aerobics</u> Ages 18+ A co-ed exercise class in (D) or shallow (S) water. Workouts are led by certified instructors and designed for all fitness levels.	<u>EC Aquatic Masters</u> Age 19+ Coached workouts for adults interested in improving their technique, endurance, and speed. Competitive swimming not required.	<u>East Bay Masters Water Polo</u> Age 19+ Masters level co-ed water polo club. Open to all skill levels. For more information visit www.playwaterpolo.com	<u>Independent Exercise</u> Ages 18+ Independent Exercise is a time for non-lap swim independent aquatic exercise activities. Independent Exercise takes place in one deep lane and shares shallow lane with water walking. (lanes 0,1)	<u>Tot Splash!</u> Families with kids 6 & under Tot Splash is a playtime in the Activity Pool for families with children 6 years and younger looking for a calm time to play in the pool. Children must be accompanied in the pool by a swimming adult. Lifejackets available for use. This program is offered on select dates only.

Swim Center Fees *effective 6/1/18 *subject to change after 7/1/18*

Lap Swim	Recreation Swim & Family Swim	Aqua Aerobics
<p>Drop In: \$6</p> <p>10-Swim Pass \$47 Resident/\$59 Non-Resident \$38 Senior Resident/\$47 Senior Non-Resident</p> <p>Monthly Lap Swim Pass (valid 30 days) \$88 Resident/\$110 Non-Resident \$70 Senior Resident/\$88 Senior Non-Resident</p> <p>3-Month Lap Swim Pass (valid 90 days) \$246 Resident/\$312 Non-Resident \$192 Senior Resident/\$246 Senior Non-Resident</p> <p>*Senior is a patron age 60 or over.</p>	<p>Child (1-6 years) \$3 Youth (7-17 years) \$4 Adult (18+ years) \$6 Non-Swimmer \$3</p> <p>Splash Park Only: \$3 per person Splash Park 10 Visit Pass (valid April – October) Resident: \$21 Non-Resident: \$26 <i>(Splash Park rates only valid during splash park only times)</i></p> <p>Child Monthly Pass (valid 30 days) \$42 Resident/\$50 Non-Resident Youth Monthly Pass (valid 30 days) \$46 Resident/\$54 Non-Resident Child 10-Swim Pass \$25 Resident/\$28 Non-Resident Youth 10-Swim Pass \$35 Resident/\$38 Non-Resident Family Season Pass (valid 6/1/18 – 10/21/18) \$363 Resident/\$410 Non-Resident <i>(up to 5 family members living at same address. Proof of residency required)</i></p>	<p>Drop In: \$9</p> <p>4-Class Pass \$29 Resident/\$35 Non-Resident \$26 Senior Resident/\$28 Senior Non-Resident</p> <p>8-Class Pass \$56 Resident/\$69 Non-Resident \$44 Senior Resident/\$55 Senior Non-Resident</p> <p>12-Class Pass \$82 Resident/\$102 Non-Resident \$65 Senior Resident/\$80 Senior Non-Resident</p>
	<p>Modified Pool Schedules & Closures</p> <p>June 16: Safe Swim Free Swim Event! Free Swim Lessons offered at 10am, 10:30am, 11am Free Water Aerobics offered from 10-11:30am Free Recreation Swim, Splash Park & Lap Swim 12-3pm</p> <p>4th of July, Tuesday, 7/4: POOL CLOSED (come visit staff at the City of El Cerrito/worldOne Festival at Cerrito Vista Park 10a-6p)</p>	<p>El Cerrito Aquatic Masters (ECA)</p> <p>Drop In: \$10</p> <p>6-Workout Pass \$52 Resident/\$58 Non-Resident \$42 Senior Resident/\$46 Senior Non-Resident</p> <p>Monthly Pass (valid 30 days) \$72 Resident \$84 Non-Resident \$58 Senior Resident/\$67 Senior Non-Resident</p> <p>3-Month Pass (valid 90 days) \$198 Resident/\$234 Non-Resident \$158 Senior-Resident/\$187 Non-Resident Senior</p>