



✓ LIMIT BAGGAGE TO 1 BAG/SUITCASE (if you can't carry it, its too big)

✓ 1 BACKPACK, and

✓ SLEEPING BAG/BEDDING/PILLOW

✓ CLEARLY LABEL ALL BELONGINGS

Staff make every effort to keep belongings safe and get them back home, but we are not responsible for loss or damage of any items brought to camp. Campers are responsible for their own belongings.

**LIST OF ITEMS TO BRING** (*Check them off as you put them in your suitcase*)

- Sleeping Bag (or twin size bed sheets and two blankets)
- Pillow
- Water Bottle - Mandatory!**
- Sunscreen** (SPF 45 or higher recommended), Chapstick
- Bug repellent
- Flashlight (or battery powered Lantern)(bring extra batteries!)
- 1-2 Swim Suits
- A few pairs of Shorts
- A few T-Shirts (may go through more than one a day) (Plain t-shirt for Tie Dying!)
- Socks (lots!)
- Underwear (lots!)
- 3 Sweatshirts (can be chilly at night and in the morning)
- Lightweight rain jacket (just in case...)
- 2 pairs of pants (mornings and evenings get cool)
- 2 pairs of close-toed shoes** (at least one pair that can get wet)
- Toiletries: shampoo, soap, toothbrush, toothpaste
- 2 Towels (one for showering, one for the river)
- Any needed medication:** See Medical Form for instructions.

**OPTIONAL/SUGGESTED ITEMS**

*(These might be fun additions, but they are not necessary for enjoying camp)*

- |                                     |  |
|-------------------------------------|--|
| <input type="checkbox"/> Hat or cap | <input type="checkbox"/> Writing Materials |
| <input type="checkbox"/> Book(s)    | <input type="checkbox"/> Stamps            |
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Disposable Camera |

**LIST OF THINGS NOT TO BRING** (*Check them off as you take them out of your suitcase*)

- Flip flops or any type of shoes with no back (sandals with a sturdy back strap are okay) – *For safety reasons (i.e. twisted ankles), campers are not permitted to wear flip-flops at camp. If campers do not have alternative footwear, shoes will be purchased at parent/guardian's expense.*
- Electronic Equipment:** iPods, Kindle, video games, cell phone or other devices are not permitted at Camp. Digital cameras are discouraged, a disposable camera is recommended. Absolutely no "charging" will be done of any electronics.
- Knives/Weapons** of any kind
- Matches/ Lighters**
- Cash** (money is not needed/used at any time at camp)
- Tobacco/Alcohol/Drugs of Any Kind/ Vape Pens**

\*\*\* PLEASE KEEP THIS FORM FOR YOUR REFERENCE\*\*\*



1. **Mail:** YMCA Camp Ravencliff is located in southern Humboldt County along the Eel River, approximately 10 minutes from Garberville (about 200 miles north of El Cerrito). We welcome letters and care packages! Mail takes 2-3 days to arrive, so send it early (Maybe even before they leave!) to:

El Cerrito Camp Ravencliff  
Attn:(Camper Name)  
PO Box 2249 Redway, CA 95560

Camp Landline: (707) 923-3880

2. **Departure/Arrival:** The transportation schedule is as follows:

Session 1 Departs **Monday July 15th** from the EC Community Center at 8:00AM sharp! Please arrive no later than 7:45AM for check-in. CIT/TILT and Staff will be waiting to greet you. Buses will be returning to the Community Center around 6:00PM on **Friday July 19th**.

Session 2 Departs **Sunday July 21st** from the EC Community Center at 8:00AM sharp! Please arrive no later than 7:45AM for check-in. CIT/TILT and Staff will be waiting to greet you. Buses will be returning to the Community Center around 6:00PM on **Saturday July 27th**.

Session 3 Departs **Saturday July 27th** from the EC Community Center at 8:00AM sharp! Please arrive no later than 7:45AM for check-in. CIT/TILT and Staff will be waiting to greet you. Buses will be returning to the Community Center around 6:00PM on **Friday August 2nd**.

3. **Lunch for Travel Days:** Please make sure to send your camper on the bus with a lunch. Also please do not send any products that contain nuts including but not limited to candy, some granola bars, trail mix, etc. When leaving Camp Ravencliff a brown bag lunch will be provided for them.

4. **Medicine:** Medications sent to camp that are to be dispensed on a regular basis must be accompanied by doctor's instructions. Medications with someone else's name on them will not be dispensed. Over the counter medications for allergies or other occasional ailments may be sent to camp to be dispensed at the discretion of the camp nurse. Medications should be turned in to the camp Nurse at check-in on departure day. Please write, in detail, any medical instructions that you have on the camper information form. The camp nurse must hold all medications including lozenges & vitamins.

5. **Clothing:** Mark all of your camper's gear (clothing, luggage, equipment, etc.) with their name in permanent ink. Lost & Found is shown to campers daily in hopes they will recognize their own gear. All lost and found items not retrieved will be donated.

6. **Phone & Electronics:** iPhone's, iPad's, cell phones, Kindles, etc. - Personal electronics are expensive, can easily be damaged, and not conducive to camp. In addition, there is absolutely no charging of these items during camp. The phone is off limits to campers while at camp (except in cases of emergency).

7. **Behavior Management/Discipline Policy:** Clear expectations of behavior are outlined on the first day of camp. Our first step is being proactive in our approach towards behavior management. The more we know about a child the easier it will be for us to be able to take this step. Please include any appropriate information on your Camper Information Sheet.

8. For other questions please email [recreation@ci.el-cerrito.ca.us](mailto:recreation@ci.el-cerrito.ca.us) or call (510) 559-7000

We will also be holding an Information Night on Thursday February 28, 2019 at 6:30PM at the El Cerrito Midtown Activity Center which is open to both parents and campers. This session will be used to answer questions, introduce some of the Directors and staff, and offer a little more information about our camp and all we do there.