May is Mental Health Month. This year seems particularly important to recognize this and take a moment to reflect on what it means for us in these uncertain times. According to Mental Health America, 1 in 5 people will experience a mental illness during their lifetime, yet everyone faces challenges in life that can impact their mental health. There is no doubt that the COVID-19 public health crisis is impacting our individual and collective mental health in countless ways. The Washington Post reports a 1,000% uptick in calls to a federal emergency hotline for emotional distress. The truth of the matter is, if you are experiencing stress, you are not alone. Nurturing our well-being is not a nice-to-have, it is essential.

Taking care of one’s mental health is just as important as taking care of one’s physical health. This includes a well-balanced diet, regular exercise, stress management, early and ongoing mental health services when needed, and taking time to relax and enjoy family and friends. These days managing our mental and physical heath can be challenging, especially in trying to find a balance for ourselves, as we are sheltering in place. Our lives have changed in just a few months. We must take intentional steps to maintain our health in different ways than before. But if you are stressed, or anxious, or in distress, this can be extremely difficult to do.

We must remember to treat ourselves, and others, with compassion and patience. It is okay for us to not be okay right now. The world is uncertain and frightening, and we should give ourselves and others a break if we are struggling with all that is happening. What is wonderful about our community is that even in times of stress, we have shown compassion for each other. We understand that while we are all dealing with this crisis in different ways, we are not alone. El Cerrito is strong and resilient, and we care about each other. We will indeed make it through this together.

There are many support resources at the County website www.coronavirus.cchealth.org/coping-with-stress and the State of California COVID-19 website at www.covid19.ca.gov/resources-for-emotional-support-and-well-being. If you or a loved one need help, please go to www.mentalhealth.gov/get-help/immediate-help. If the situation is potentially life-threatening, get immediate emergency assistance by calling 911. You can call the Substance Abuse and Mental Health Services Administration (SAMHSA) Treatment Referral Helpline, 1-877-SAMHSA7 (1-877-726-4727). Veterans can access the Veterans Crisis Line at 1-800-273-8255 and press 1, text to 838255, or chat online at www.VeteransCrisisLine.net/Chat. The National Suicide Prevention Lifeline is 1-800-273-TALK (8255) or chat at www.suicidepreventionlifeline.org/chat.

As the County Health Services modify their orders and continue to ease restrictions, the City is preparing to provide services in ways that have the health and safety of all of our residents, businesses, customers, visitors, and staff as the top priority. While we might not be able to return to exactly how things were a few months ago, with creativity and patience we can work together to be successful as we navigate our “next normal”. Please continue to check out our website at www.el-cerrito.org/covid19 in order to get the most up-to-date information on City services and programs as well as other resources and information as we move forward.

Please stay safe and healthy and be kind to yourselves and one another.

Karen Pinkos
City Manager
City of El Cerrito
CITY MANAGER'S UPDATE  
May 14, 2020

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CORONAVIRUS (COVID-19) UPDATES

www.el-cerrito.org/COVID19 - Please see website for citywide updates.

Contra Costa County Not Among Those Entering Stage 2 of Governor’s Reopening Plan

On May 13, the state announced that counties across the state are gradually reopening and entering Stage 2 of the Governor’s reopening plan. Alameda and Contra Costa counties are not among the now 11 counties that have attested that they meet certain criteria necessary to move further into Stage 2. The California Department of Public Health’s website will continue to be updated in real time when attestation forms for additional counties are approved.

CITY MANAGEMENT

Regular City Council Meeting on Tuesday, May 19, 2020

City Council will hold its regular meeting on Tuesday, May 19, 2020 at 7 p.m. During the COVID-19 State of Emergency, and suspension of certain provisions of the Brown Act (Pursuant to Executive Order N-25-20 and N-29-20), City Council meetings will be held remotely, with no physical location for public participation. The public will still have the same ability to listen and view from home.

Public comments can be submitted in one of two ways:

1. Via email to cityclerk@ci.el-cerrito.ca.us
2. Via voicemail at (510) 306-2558

For complete and up-to-date details on how to submit public comments during the COVID-19 State of Emergency, please visit el-cerrito.org/CouncilMeetingMaterials.
COMMUNITY DEVELOPMENT

**Dine Out El Cerrito: Shop Local**
As we continue to shelter-in-place, you can still travel the world right here in El Cerrito. From Nepal, Japan, Mexico, Thailand, Vietnam, Korea and back to states for American cuisine. Check out Dine Out El Cerrito, prepared by the Chamber of Commerce, for a list of open restaurants and cafes (attached). Many restaurants that closed during the earlier part of the Shelter in Place are reopening for take-out and delivery, so check often. Other business types will likely continue to reopen as the Shelter in Place is modified. Shop local and support the local economy. Visit www.elcerritochamber.org/ for the updated list of open businesses.

**Residential Rental Inspection**
The City’s Residential Rental Inspection Program is suspended temporarily during the Shelter in Place Order. Staff is currently working to identify methods and procedures to resume interior inspections of occupied residences. During this time, residents still can report any health or safety concerns to the City’s Rental Inspector by visiting el-cerrito.org/RRIProgram.

**Inclusionary Zoning Amendment**
The pandemic has added uncertainty to the financial markets and the construction environment. In order to facilitate exempt, entitled projects to continue to move forward into the construction phase, City staff is recommending modifications to exemption requirements to allow exempt projects until June 30, 2021 to submit for a building permit. This coincides with the original sunset date but extends the time by which already exempt projects must submit for a building permit. The item is scheduled to be brought to the Planning Commission on May 20 and is expected to be brought to City Council for consideration on June 2. The Planning Commission packet will be available Thursday, May 14 at el-cerrito.org/108/Planning-Commission.

**Non-Compliant Construction Sites are Subject to Reinspection Fees**
Social distancing protocols MUST be adhered to at construction sites, for the safety of the City’s inspectors, and those working at the sites. The Building Division has informed all projects requesting inspections, that if such protocols are not adhered to when inspectors arrive, the inspection will be cancelled and reinspection subject to the reinspection fee. See attached Social Distance Protocols for Construction Projects.

FIRE

**Fire Hazard Reduction Update**
As you know, the Fire Department has started their vegetation inspections for the 10,000+ parcels in El Cerrito and Kensington. These inspections are key in promoting wildland fire safety throughout the community. To assist the public in understanding what needs to be done on their property, the Vegetation Management Standards have been rewritten to make them more understandable and easier to follow. el-cerrito.org/firehazardmitigation
CITY MANAGER’S UPDATE (CONT’D)

This year is going to be extremely challenging due to the current social distancing requirements. By providing clearer instructions and more clarity, we can lessen one-on-one contact amidst the COVID-19 protocols. The Fire Department will be making automatic re-inspections 30 days after residents are notified.

Contra Costa Drive Structure Fire
This past Monday morning, the Fire Department responded to a structure fire in the 1000 block of Contra Costa Drive. Due to the proximity to Station 72, the engine crew arrived quickly and discovered a ceiling exhaust fan in a downstairs bathroom burning. With aggressive mitigation efforts, the crew was able to open the ceiling and extinguish the fire just as it was starting to spread between the ceiling and floor of the upper story, thereby minimizing the damage to the house. Upon investigation, it was discovered that rats had built a nest on top of the fan and had chewed the insulation of the wires.

As a side note, this provided another example of why it is beneficial for residents to maintain their yards to meet the vegetation standards. Weeds, bushes, and brushy trees near homes provides a haven for rodents.

Fire Danger Not Mitigated by Recent Rain Showers
Cal Fire has reported that while we continue to receive some on- and off-again rain showers throughout the region, it is making very little difference on the fuel moisture of the 1-hour fuels and annual grasses (weeds). In fact, from a weed standpoint, it is increasing the fire danger as there will be a new growth of weeds that will add to the fuel load already present. What little moisture is recovered in the fuel will quickly dissipate as soon as the sun comes back out and the weather gets warmer.

The Fire Department has already returned to their increased wildland preparedness (otherwise known as fire season) protocols and Cal Fire has started staffing up engines, helicopters, and planes much earlier this this year. Another victim of COVID-19 will be the availability of Cal Fire hand crews, as many inmates are being released on probation to lessen the crowding issues as well as to prevent the spread of the virus in the prisons. This will limit the number of crews that will be available this year.

PUBLIC WORKS

Recycling Center Reopens (with Limited Hours and Operations)
The most recent Shelter-in-Place Order allows, among other things, for most real estate, construction, landscaping, and outdoor businesses to resume operations, granted that appropriate social distancing and safety protocols are followed. The Order, and associated Frequently Asked Questions document, also explicitly states that “all recycling facilities may operate...” As a result, Public Works staff has worked to implement new systems and protocols that allow the City’s Recycling Center to reopen to the public. To ensure these safety protocols are met, the Center will
begin with limited hours and services, open 10 a.m. to 4 p.m. Tuesday through Saturday, beginning Wednesday, May 13.

New Protocols include:
- Recycling customers and Staff must wear a Face Mask
- Customers must keep 6 feet apart from other Customers and Staff
- Limiting the number of cars/pedestrians given access to the facility at any one time
- Customers encouraged to limit visits to the Center to 15 minutes

In addition, the following areas and services will be temporarily unavailable:
- Exchange Zone and Interpretive Area Closed
- Office, Lobby, Restrooms Closed
- Not accepting Styrofoam/EPS
- Recycling Center will be closed on Sundays and Mondays
- Services for non-area residents that typically require a transaction will be unavailable.

All the following services are available:
- Eco Salvage will accept small household items in good condition
- RecycleMore Service Area Residents Only: See Yard Staff for assistance with Fluorescent Light Bulbs, Pharmaceutical, and Sharps Disposal
- In addition, Household Hazardous Waste collection will resume on Tuesdays.

Service offerings are limited during this time in order to minimize the potential for transmission of
the coronavirus; however, it is the City’s goal to safely offer core services at the Recycling Center that are essential for our community. Staff has implemented measures that allow each of these services to be provided while minimizing or eliminating close contact. In the near term, this will mean keeping the Administrative Office and Exchange Zone closed, and also limiting some services offered to non-residents which typically require a transaction.

For more information about the Recycling Center’s operations during this time, visit el-cerrito.org/recyclingcenter. Contact Recycling Center Staff at greenassistant@ci.el-cerrito.ca.us or (510) 215-4350.

National Public Works Week Starts May 17

At its May 5 meeting, the El Cerrito City Council proclaimed May 17 through May 23 as “National Public Works Week” in the City of El Cerrito and recognized the contributions of the City’s Public Works personnel. This year marks the 60th annual National Public Works Week sponsored by the American Public Works Association and government agencies nationwide. The theme for 2020 is “The Rhythm of Public Works” to highlight the role Public Works plays in keeping the community’s rhythm by providing an orchestra of infrastructure and essential services, and working in concert with a variety of stakeholders to create a great place to live. Every community has a rhythm, a heartbeat that reflects its essence and tempo of life.

In El Cerrito, Public Works personnel lead and participate in the maintenance, planning, design, and construction of streets, transportation facilities, parks, playfields, open space, creeks, paths, storm drains, stormwater treatment, and public buildings; operations of our recycling, solid waste, and environmental programs and facilities; right-of-way management; and emergency planning and response providing all-hour, on-call response to flooding, vehicle accidents, illicit discharges and spills, downed tree limbs, and other urgent maintenance needs. During the on-going COVID-19 pandemic, El Cerrito Public Works personnel are front line workers who are continuing to work hard every day to keep our community safe and functioning. Finally, although currently hampered by the pandemic, Public Works personnel develop and strengthen relationships with many community groups by organizing or supporting educational workshops, special events, and volunteer opportunities throughout year.

This year help us celebrate Public Works personnel while social distancing by joining in fun activities on social media. Watch for the hashtag #NPWW!
Disposing of Bulky Green Waste and Other Items During the Shelter-in-Place

With many residents doing their part to trim vegetation and prepare for fire season, and many others taking extra time at home to do spring cleaning, there may not be enough space in your curbside solid waste and recycling containers. Ordinarily, El Cerrito residents and businesses could call East Bay Sanitary or the City for an Annual Bulk Garbage/Green Waste or Recycling pickup, respectively. To limit potential exposure for solid waste staff, East Bay Sanitary and the City have both discontinued bulky item pickups during this time. However, there are resources available to help residents properly dispose of these items.

With the Recycling Center resuming operations, community members can bring many small household items, books, textiles, and recyclable items to the facility. Alternatively, many household items can also be donated to several charitable organizations here in the East Bay (e.g. Bay Area Rescue Mission, Goodwill Industries, etc.).

The Local Transfer Stations Remain open and can accept both organic waste and non-recyclable waste:
- Golden Bear Transfer Station, 1 Parr Blvd., Richmond, CA 94801 (510-970-7260)
- Berkeley Transfer Station, 1201 Second St., Berkeley, CA 94710 (510-981-7270)

Residents and businesses can also hire contractors to dispose of landscaping debris or other waste. However, it should be noted that illegal dumping is a major issue in El Cerrito and Contra Costa County. As a result, tenants and property owners are encouraged to look for haulers that have a permit from Contra Costa Environmental Health to comply with standards associated with the collection and transport of solid waste. Moreover, if you witness any dumping, please report it to Police Dispatch at 510-233-1214.

For more information on how to dispose of items please contact Recycling + Environmental Resource Center Staff at green@ci.el-cerrito.ca.us.

San Pablo Avenue Green Stormwater Spine Project - Construction Update

In early April, the San Francisco Estuary Partnership (SFEP), a program of the Association of Bay Area Governments (ABAG), commenced construction of the San Pablo Avenue Green Stormwater Spine Project (Project), a multi-year project with numerous components, grant funds, and partners, including Caltrans and the cities of El Cerrito, Oakland, Emeryville, and Berkeley.

The project portion in El Cerrito is located within the street and sidewalk areas along the northbound side of the 10500 block of San Pablo Avenue, fronting the Moeser Square Shopping Center (See location map and schematic plan of future improvements below), and includes relocation of existing water main (by EBMUD), installation of a dedicated bicycle lane against the existing curb, installation of stormwater capture cells outside of the bicycle lane, installation of Bay-Friendly landscaping, and interpretive signage. The design of the green infrastructure improvements
meets the City’s multi-modal mobility, economic development, and urban greening goals and implements a pilot section of the adopted San Pablo Avenue Complete Streets Plan.

SFEP’s contractor, Ghilotti Bros, Inc., has completed the first phase of the work reconstructing the median and northbound left-turn lane on San Pablo Avenue, and they have started work at and near the sidewalk including potholing of utilities and the removal of the four mature liquidambar trees. It is important to know that even though the project had to remove the existing trees in the area, the project includes planting of 26 new Persian Ironwood trees and additional Bay-Friendly shrubs, grasses, and perennials.
In these next few weeks, Ghilotti Bros will work on the demolition and reconstruction of the southern shopping center driveway, installation of a portion of a new drainage pipe, and demolition of the balance of the existing sidewalk within the project limits. This work will be completed in advance of EBMUD relocating their water mainline, which is tentatively scheduled for the end of June or early July.

Access to the Moeser Square Shopping Center driveways along San Pablo Avenue will occasionally be blocked. Although driveway closures are expected to be staggered, the EBMUD work will require closure of both driveways for a limited time. Emergency vehicle access will, however, always be maintained. SFEP has been outreaching to the businesses regarding impact to these driveways. In addition, EBMUD will notify the businesses and residents in the area before they begin their work. Per the recent Contra Costa County COVID-19 Public Health Order, SFEP has been closely monitoring Ghilotti Bros’ social distancing protocols.

For additional information about the project, please contact the City's Engineering Manager/Senior Engineer, Ana Bernardes, at abernardes@ci.el-cerrito.ca.us; or call the Public Works Department at (510) 215-4382.
Summer Camp Update

On Tuesday, May 12, families that registered for the first 3 weeks of camp, June 8-26, were notified that their registrations would be cancelled and that a special 3-week long session of camp will be available for registration early next week. The camps available for registration will all:

- Follow all requirements of State and County Health Orders
- Require continuous registration for the 3-week period
- Have a maximum of 12 campers per group
- Retain the same staff team for each group for the 3 weeks
- Have staggered drop-off and pick-up times that in most situations will occur “curbside”
- Follow strict sanitation procedures and health screenings for staff and campers
- Be located at City Clubhouses throughout the City and the Community Center to spread out camps as much as possible
• Conduct most activities outside
• Not allow any transferring of campers from one group to another
• Not have options for Early Bird or Late Bird Care (however, camp options include up to 8.5 hours per day of care)

For this special session, no swimming or field trips will be conducted, in accordance with the County Health Order. Camp offerings will include “Classic” Camps staffed by City Employees as well as “Specialty Camps” provided by independent contractors.

Families who were registered for camps during this three-week period will be given registration instructions later this week. Staff is continuing to monitor updates in the County’s health order and will design future summer camp sessions accordingly. For example, it may be possible to go back to a week-to-week model in July or August if Contra Costa County loosens restrictions according to the State’s re-opening roadmap. Information about future sessions will be available in early June. For more information contact recreation@ci.el-cerrito.ca.us

High School Senior Spotlight - Congratulations Class of 2020!
The Recreation Department recently published a webpage (www.el-cerrito.org/ECseniorsspotlight) to showcase graduating high school seniors who go to school or live in El Cerrito. This page recognizes and celebrates local seniors who are missing out on so much this spring, by sharing their stories and demonstrating community support.

In partnership with the Instagram account @echs2020plans, over 50 students have been featured, and new students are being added daily. This webpage highlights the bright futures of all those included, with a focus on their high school accomplishments and plans for the future. In addition to this webpage, 2-3 seniors will be featured on our social media platforms each week until all submissions have been shared. Submissions are still being accepted and we welcome anyone that is a senior in high school that either goes to school in El Cerrito or is a resident of El Cerrito to email jvjawad@ci.el-cerrito.ca.us to be included.

May is National Water Safety Month
Drowning is the second leading cause of unintentional injury death in children aged 1-14 years in the United States, and the third leading cause of unintentional injury death worldwide. National Water Safety Month is about bringing awareness of water safety to the community to help lower these statistics. While the pool is not open, El Cerrito Recreation Department is doing its part to bring awareness to the community through a viral campaign. Learn about how you can be safe in and around the water by visiting us on Facebook, Instagram, and Twitter or by going to our National Water Safety Month webpage.

Childcare Fall Registration Update
Many families are inquiring about registering for Before and Afterschool Care for this fall. Registration for Elementary Age Childcare was due to begin on April 14. The Recreation Department team will await clarity and instructions from WCCUSD before moving forward with registration. Staff
are considering alternative programs to the classic Afterschool model, and parents have been encouraged to share their needs and program ideas directly with Eden O-Brien-Brenner at edo@ci.el-cerrito.ca.us.

**Positivity Challenge**

The Recreation Department is challenging members of the community to take a moment to write notes, letters or have kids make a piece of artwork that can be delivered to Seniors in our community who may be experiencing social isolation. Letters can be dropped off or mailed to the Midtown Activity Center mailbox at 10940 San Pablo Ave. You can also email a photo or PDF to midtown@ci.el-cerrito.ca.us and they will be distributed in partnership with C.C. Café and Meals on Wheels food delivery programs.

For more information contact midtown@ci.el-cerrito.ca.us or call (510) 559-7677.

**Thank You to Our Donors!**

The majority of the Recreation Department’s programs and services have been canceled since mid-March due to the COVID-19 pandemic. As programs are canceled, participants are given the option of donating their registration fees towards supporting essential services and helping ensure funds are available to allow programs to re-open including purchasing necessary PPE, disinfecting equipment and supplies and staff training. Our community has responded and to date over $8,600 and additionally we have received a check from the El Cerrito Rotary for $4,500 due to the Recreation Department’s participation in their Sip & Savor event.

If you are interested in donating towards these efforts, please contact us at recreation@ci.el-cerrito.ca.us.

Supplies that have been ordered and received include:

- Face masks and shields for staff
- Disinfection supplies and equipment
- Gloves
- No Touch Thermal Thermometers
- Hand sanitizer
CITY MANAGER’S UPDATE (CONT’D)

Future needs include:
- Disinfecting power washers to clean playgrounds and park amenities
- Staff training to operate safe programming and implement best practices
- More supplies than usual including hand soap, paper towels and toilet paper
- Protective barriers for front counter operations

The 60+ Bulletin with Services Available during COVID-19 Shelter in Place
Stay up to date on current activities, services and programs benefiting older adults 60 years old and up. Please see current bulletin below.

Subscribe & Follow
It is important to stay connected during this difficult time. For up-to-date information in the El Cerrito Recreation Department, please subscribe to our email newsletter rECnews at el-cerrito.org/recreation
Follow us: Instagram - @ecrecreation | Facebook - @ecrecreation | Twitter - @ElCerritoREC

ATTACHMENTS/FLYERS

- The 60+ Bulletin
- El Cerrito Restaurant List
- Social Distance Protocols for Construction Projects
- County Health Stay at Home Order
Available Services

**Easy Ride Paratransit Service**

Do you live in El Cerrito? Are you 65 or older? Do you need of transportation to the grocery store? We are here for you! Easy Ride Paratransit service provides low cost rides to grocery stores in El Cerrito on Tuesdays and Fridays.

Available Activities

**1-on-1 Senior Tech Help**

30-Minute Appointment

It’s easy! Pick a time slot and we’ll contact you to determine the best way to connect.

**Sing-Along with Terry**

Missing Friday Senior Sing-Alongs? Now you can Sing-Along with Terry at home! New Lyrics posted every week!

For more information about these activities, call (510)559-7677 or visit www.el-cerrito.org/1490/50-Seniors
HICAP Contra Costa County
(Health Insurance Counseling & Advocacy Program)
All HICAP face-to-face Counseling and in-person Welcome to Medicare classes have been cancelled until further notice. HICAP will continue to provide phone counseling, and can set up appointments for phone or video meetings. Please Contra Costa County HICAP for an appointment.

Contra Costa County HICAP Phone Numbers:
Local Telephone: 925-602-4163 (For local and cell phone calls)
Toll Free Phone: 800-510-2020 (For land-line calls only)
TDD: 925-602-4198 For the hearing impaired

City of El Cerrito Closure Status
Shelter-in-Place Orders Extended through May 31, 2020
Due to the Local Emergency Declaration by the City Council, and Shelter-in-Place Order issued March 16, 2020 by Contra Costa Health Services, ALL City of El Cerrito Activities, Programs and Services have been temporarily CANCELLED until further notice. All City facilities are hereby CLOSED to the public, effectively immediately. Please visit our website at www.el-cerrito.org/covid19 for updates.

Virtual Recreation
We are excited to announce our NEW Virtual Recreation Center page which includes resources, indoor and outdoor activity links for ideas, and much more! Please visit www.el-cerrito.org/rECsources

Looking for Senior Resources?
Dial 211
or visit www.211.org
Resources are constantly being updated with new information.
Dine Out
El Cerrito

All Star Donuts
3070 El Cerrito Plaza

Bánh Mi Sandwich Deli
10174 San Pablo Ave.

Banana Leaf Thai
11880 San Pablo Ave.

Baskin Robbins
10598 San Pablo Ave.

Brasil Bistro
11866 San Pablo Ave.

BurgerIM
El Cerrito Plaza

Burger King
6021 Central Ave.

Chef’s Chinese
El Cerrito Plaza

Chipotle
Carlson & San Pablo

Church’s Chicken
11575 San Pablo Ave.

Donut Time
10740 San Pablo Ave.

El Cerrito Natural Grocery
Annex — wine & beer only
Stockton & San Pablo

Elevation 66 Brewing Co.
10082 San Pablo Ave.

El Mono Fresh Flavors of Peru
11720 San Pablo Ave.

Frannie Express
Hawaiian Barbecue
11775 San Pablo Ave.
frannieexpresshawaiian.com

Gangam Tofu Korean Cuisine
11740 San Pablo Ave.

Himalayan Grocery
10340 San Pablo Ave.

HK Home Kitchen
10140 San Pablo Ave.

Jack in the Box
5920 Cutting Blvd.
jackinthebox.com

Jamba Juice
El Cerrito Plaza
jamba.com

Larb Thai & Tapas
10166 San Pablo Ave.
larbthataenas.com

Little Caesar’s Pizza
11299 San Pablo Ave.
littleceasars.com

Little Caesars Pizza
10443 San Pablo Ave.

Los Moles Beer Garden
6120 Potrero Ave.
losmoles.com

Lucky Store
El Cerrito Plaza
luckysupermarkets.com

McBears Social Club taco truck
10458 San Pablo Ave.

McDonalds
11821 San Pablo Ave.
mcdonalds.com

Mountain Mike’s Pizza
10750 San Pablo Ave.
mountainmikespizza.com

Mr. Pickle’s Sandwich Shop
10810 San Pablo Ave.
mrpickles.com

New India Supermarket
10289 San Pablo Ave.

Nation’s Giant Hamburgers
Central & San Pablo
nationsrestaurants.com

New Dumpling
10064 San Pablo Ave.

Noodles Fresh
10042 San Pablo Ave.
noodlesfresh.com

Nori Roll
10178 San Pablo Ave.
norirroll.com

Papi’s Pizza Roma
10616 San Pablo Ave.
papispizzaroma.com

Panda Express
El Cerrito Plaza
pandaexpress.com

Peet’s Coffee
Carlson & San Pablo
peets.com

Popeyes Louisiana Kitchen
10125 San Pablo Ave.
popeyes.com

Quickly
El Cerrito Plaza

Red Onion
11900 San Pablo Ave.

Romano’s Macaroni Grill
El Cerrito Plaza
macaronigrill.com

Safeway
11450 San Pablo Ave.
local.safeway.com

Sasa Kitchen
10350 San Pablo Ave.
sasakichenca.com

Starbucks Coffee
3000 El Cerrito Plaza

Subway
10398 San Pablo Ave.
11430 San Pablo Ave.
subway.com

Taqueria El Salva
11252 San Pablo Ave.

Tashi Delek Cuisine
11224 San Pablo Ave.
tashidelekcuise.com

The Junket
El Cerrito Plaza
thejunket.com

Uncle Wong’s
11760 San Pablo Ave.
unclewongse1cerrito.com

Well Grounded Tea & Coffee Bar
6925 Stockton Ave.
well-grounded.com

Wiener schnitzel
1101 San Pablo Ave.
wienerelsnitzel.com

Wingstop
El Cerrito Plaza
wingstop.com

Yammi Sushi
El Cerrito Plaza

Yoshio Sushi
10889 San Pablo Ave.
yoshiosushielcerrito.com

These restaurants offer take out food during the COVID-19 lockdown.
List subject to change. El Cerrito Chamber of Commerce members shown in red.
Check restaurant websites as many provide online ordering and delivery to maintain social distancing.
Small Construction Project Safety Protocol

1. Any construction project meeting any of the following specifications is subject to this Small Construction Project Safety Protocol (“SCP Protocol”), including public works projects unless otherwise specified by the Health Officer:

   a. For residential projects, any single-family, multi-family, senior, student, or other residential construction, renovation, or remodel project consisting of 10 units or less. This SCP Protocol does not apply to construction projects where a person is performing construction on their current residence either alone or solely with members of their own household.

   b. For commercial projects, any construction, renovation, or tenant improvement project consisting of 20,000 square feet of floor area or less.

   c. For mixed-use projects, any project that meets both of the specifications in subsection 1.a and 1.b.

   d. All other construction projects not subject to the Large Construction Project Safety Protocol set forth in Appendix B-2.

2. The following restrictions and requirements must be in place at all construction job sites subject to this SCP Protocol:

   a. Comply with all applicable and current laws and regulations including but not limited to OSHA and Cal-OSHA. If there is any conflict, difference, or discrepancy between or among applicable laws and regulations and/or this SCP Protocol, the stricter standard shall apply.

   b. Designate a site-specific COVID-19 supervisor or supervisors to enforce this guidance. A designated COVID-19 supervisor must be present on the construction site at all times during construction activities. A COVID-19 supervisor may be an on-site worker who is designated to serve in this role.

   c. The COVID-19 supervisor must review this SCP Protocol with all workers and visitors to the construction site.
d. Establish a daily screening protocol for arriving staff to ensure that potentially infected staff do not enter the construction site. If workers leave the jobsite and return the same day, establish a cleaning and decontamination protocol prior to entry and exit of the jobsite. Post the daily screening protocol at all entrances and exits to the jobsite. More information on screening can be found online at: https://www.cdc.gov/coronavirus/2019-ncov/community/index.html.

e. Practice social distancing by maintaining a minimum six-foot distance between workers at all times, except as strictly necessary to carry out a task associated with the construction project.

f. Where construction work occurs within an occupied residential unit, separate work areas must be sealed off from the remainder of the unit with physical barriers such as plastic sheeting or closed doors sealed with tape to the extent feasible. If possible, workers must access the work area from an alternative entry/exit door to the entry/exit door used by residents. Available windows and exhaust fans must be used to ventilate the work area. If residents have access to the work area between workdays, the work area must be cleaned and sanitized at the beginning and at the end of workdays. Every effort must be taken to minimize contact between workers and residents, including maintaining a minimum of six feet of social distancing at all times.

g. Where construction work occurs within common areas of an occupied residential or commercial building or a mixed-use building in use by on-site employees or residents, separate work areas must be sealed off from the rest of the common areas with physical barriers such as plastic sheeting or closed doors sealed with tape to the extent feasible. If possible, workers must access the work area from an alternative building entry/exit door to the building entry/exit door used by residents or other users of the building. Every effort must be taken to minimize contact between worker and building residents and users, including maintaining a minimum of six feet of social distancing at all times.

h. Prohibit gatherings of any size on the jobsite, including gatherings for breaks or eating, except for meetings regarding compliance with this protocol or as strictly necessary to carry out a task associated with the construction project.

i. Cal-OSHA requires employers to provide water, which should be provided in single-serve containers. Sharing of any food or beverage is strictly prohibited and if sharing is observed, the worker must be sent home for the day.
j. Provide personal protective equipment (PPE) specifically for use in construction, including gloves, goggles, face shields, and face coverings as appropriate for the activity being performed. At no time may a contractor secure or use medical-grade PPE unless required due to the medical nature of a jobsite. Face coverings must be worn in compliance with Section 5 of the Health Officer’s Order No. HO-COVID19-08, dated April 17, 2020, or any subsequently issued or amended order.

k. Strictly control “choke points” and “high-risk areas” where workers are unable to maintain six-foot social distancing and prohibit or limit use to ensure that six-foot distance can easily be maintained between individuals.

l. Minimize interactions and maintain social distancing with all site visitors, including delivery workers, design professional and other project consultants, government agency representatives, including building and fire inspectors, and residents at residential construction sites.

m. Stagger trades as necessary to reduce density and allow for easy maintenance of minimum six-foot separation.

n. Discourage workers from using others’ desks, work tools, and equipment. If more than one worker uses these items, the items must be cleaned and disinfected with disinfectants that are effective against COVID-19 in between use by each new worker. Prohibit sharing of PPE.

o. If hand washing facilities are not available at the jobsite, place portable wash stations or hand sanitizers that are effective against COVID-19 at entrances to the jobsite and in multiple locations dispersed throughout the jobsite as warranted.

p. Clean and sanitize any hand washing facilities, portable wash stations, jobsite restroom areas, or other enclosed spaces daily with disinfectants that are effective against COVID-19. Frequently clean and disinfect all high touch areas, including entry and exit areas, high traffic areas, rest rooms, hand washing areas, high touch surfaces, tools, and equipment.

q. Maintain a daily attendance log of all workers and visitors that includes contact information, including name, phone number, address, and email.

r. Post a notice in an area visible to all workers and visitors instructing workers and visitors to do the following:
   i. Do not touch your face with unwashed hands or with gloves.
ii. Frequently wash your hands with soap and water for at least 20 seconds or use hand sanitizer with at least 60% alcohol.

iii. Clean and disinfect frequently touched objects and surfaces such as work stations, keyboards, telephones, handrails, machines, shared tools, elevator control buttons, and doorknobs.

iv. Cover your mouth and nose when coughing or sneezing, or cough or sneeze into the crook of your arm at your elbow/sleeve.

v. Do not enter the jobsite if you have a fever, cough, or other COVID-19 symptoms. If you feel sick, or have been exposed to anyone who is sick, stay at home.

vi. Constantly observe your work distances in relation to other staff. Maintain the recommended minimum six feet at all times when not wearing the necessary PPE for working in close proximity to another person.

vii. Do not carpool to and from the jobsite with anyone except members of your own household unit, or as necessary for workers who have no alternative means of transportation.

viii. Do not share phones or PPE.
Executive Summary of May 4, 2020 Shelter Order

This updated Order continues to restrict most activity to essential functions and needs. But because of progress we have collectively achieved in slowing the spread of the disease and limiting hospitalizations, the Order allows certain additional essential businesses and activities to resume, allows certain low-risk outdoor businesses to begin operating again, and authorizes certain additional outdoor activities to take place even though they are not essential. The new Order also introduces a framework to guide the Health Officer’s decisions about further easing of restrictions, focusing on progress achieved addressing COVID-19 and ensuring that there are adequate health care resources available.

This new Order replaces the shelter order issued on March 31, 2020. We refer to the March 31 order as the “Prior Order” and the April 29 Order as the “new Order” or “Order.”

What changes does this new Order make?

This new Order will go into effect on 11:59 pm on Sunday May 3, 2020, and will remain in effect until 11:59 pm on Sunday May 31, 2020, unless the Health Officer amends or extends it.

Most of the Prior Order’s restrictions remain in place. However, the new Order makes a number of significant changes, which are highlighted below:

**Essential Businesses:**

- Under the new Order, all construction projects can resume, provided they comply with the Construction Project Safety Protocols issued as part of the Order. (These protocols replace the COVID-19 Construction Field Safety Guidelines applicable to the Prior Order).

- Commercial as well as residential real estate transactions are allowed to fully resume, but with continued restrictions on in-person viewings and appointments.

- Under the new Order, childcare establishments, summer camps, schools, and other educational and recreational programs can operate to provide care and supervision for children to allow all persons who are working in essential businesses or outdoor businesses or performing minimum basic operations to access childcare. All of these operations must comply with restrictions specified in the Order, including that they be carried out in stable groups of 12 or fewer children. This category is also subject to the State’s Shelter in Place Order, but the Health Officer will assess whether to ease childcare restrictions further in coordination with the State and as the spread of COVID-19 is further contained.
Outdoor Businesses:

- Outdoor Businesses (as defined in the Order and described below) are now allowed to operate, and people are allowed to visit them to perform work or to obtain goods, services, or supplies.

- Outdoor Businesses are those that normally operated primarily outdoors prior to the Shelter in Place Orders, and where social distancing of at least six feet can be maintained between all people. These include outdoor retail businesses like nurseries, outdoor service providers like landscapers, and agricultural operations.

Social Distancing Protocols for Businesses:

- All business facilities operating in the County, including businesses carrying out minimum basic operations, must comply with the requirement to create a Social Distancing Protocol. (Note: construction activities must instead comply with the Construction Project Safety Protocols.)

- In their Social Distancing Protocols, businesses must now ensure that personnel and customers wear face coverings when entering their facilities (except those customers for whom face coverings are not recommended, like very young children).

- All existing Social Distancing Protocols must be updated to reflect the new requirements.

- We encourage businesses that are not yet allowed to operate to focus on planning to effectively implement social distancing and related measures in their facilities so they are ready to safely reopen when allowed.

Essential Activities and Travel:

- All residential moves are now allowed to proceed.

Recreation:

- The new Order allows use of shared outdoor recreational facilities that do not encourage gathering or contain high-touch equipment. However, everyone must follow any restrictions that either state or local authorities impose. For instance, right now, the State Shelter Order prohibits golf courses from operating.

COVID-19 Indicators

- The Health Officer will consider easing or expanding restrictions based on progress we collectively achieve on several key indicators described in the new Order and referred to as the COVID-19 Indicators.