



Recreation Department  
 7007 Moeser Lane  
 El Cerrito, CA 94530  
 510-559-7000

# Fall Gymnastics and Cheerleading

Gymnastics classes and Cheerleading, held at the El Cerrito Community Center, are designed to be fun, safe and instructive. Class will include warm-up exercises, stretching and light conditioning.

		Mon	Tues	Wed*	Thur
Pre-K Gymnastics	Ages 3-6	4:00-4:45 6:00-6:45	3:00-3:45	4:00-4:45	3:00-3:45
Beginning Gymnastics	Ages 5-10	3:00-3:50	4:00-4:50	3:00-3:50	4:00-4:50
Intermediate Gymnastics	Approval By Rory		5:00-5:55		
X- Team	Approval By Rory		4:30-6:00		
Cheerleading	Ages 5 and up	5:00-5:50			

\*There will no class on the following days:

**Wednesday October 7th and Every Third Wednesday of the Month**

Please speak with Rory or Carisa about joining intermediate gymnastics or X- Team.

Dates and times are effective until December 17, 2009.

**FEES:**

4 classes: \$36 Residents/ \$45 Non-Residents  
 8 classes: \$64 Residents/ \$80 Non-Residents  
 12 classes: \$84 Residents/ \$105 Non-Residents

**X-TEAM  
 FEES:**

4 classes: \$48 Residents/ \$60 Non-Residents  
 8 classes: \$88 Residents/ \$110 Non-Residents  
 12 classes: \$120 Residents/ \$150 Non-Residents