

MAY 2008

Monday

Tuesday

C.C. CAFÉ

Wednesday

Thursday

MAY 2008

Friday



* = Vitamin C
_ = Vitamin A
() = Dessert of Choice
All meals served w/low fat milk.



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CINCO DE MAYO CELEBRATION
Steak Fajita w/Red & Green Peppers & Onions on Flour Tortilla
* Citrus Fruit Salad
Rancho Fiesta Blend
Spanish Rice
Chocolate Pudding (Fruit Cocktail)

BBQ Pork Rib Patty
* Orange-Pineapple Juice
* **Capri Vegetables**
* Potato Salad
Roll w/Margarine
Strawberry Gelatin w/Strawberries
(Dietetic Strawberry Gelatin w/Strawberries)

Home Style Lasagna
* **California Blend**
Mixed Green Salad w/Ranch Dressing
100% WW Bread w/Marg.
* **Cantaloupe**

Apricot Glazed Roast
Chicken Breast
Cream of Broccoli Soup
* DelMonico Potatoes
* **Swiss Chard or Spinach**
100% WW Bread w/Marg.
Peaches

MOTHER'S DAY CELEBRATION
Veal Birds w/Mushroom Sauce
Chicken Rice Soup
Spring Bean Medley
* Mixed Cabbage Salad w/Poppy Seed Dressing & Crisp Noodles
Dinner Roll w/Margarine
Strawberry Shortcake (Fresh Fruit)

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16

Kathy's Pork & Rice
Apple Juice
Hawaiian Vegetable Mix
Spinach & Mixed Greens w/Ranch Dressing
* Tropical Fruit Cup

Texas Style BBQ Beef
* Orange-Pineapple Juice
* **Mixed Vegetables**
* Seasoned Potato Wedges Bun
Tapioca Pudding (Banana)

Baked Chicken Tahitian
Pea Soup
Polynesian Vegetables
* Mixed Cabbage Salad w/Poppy Seed Dressing & Crisp Noodles
Spicy Asian Noodles
Lime Gelatin w/Fruit Cocktail (Dietetic Lime Gelatin w/Fruit Cocktail)

CONCORD LUNCHEON
Mike's Delicious
Down-Home Meatloaf
Tender Green Beans
* Garlic Mashed Potatoes
100% WW Bread w/Marg.
* **Cantaloupe**

SPRING CELEBRATION!
SEAFOOD SENSATION
Special Spring Shrimp Salad on Lettuce Leaf
* **Broccoli, Bell Pepper, Onion, Raisin & Pasta Salad**
* Citrus Fruit Cup
Dinner Roll w/Margarine
Cheese Cake w/Fruit Topping (Plums)

19

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Delicious Beef Stroganoff
* **California Blend**
Mixed Cabbage Salad w/Poppy Seed Dressing & Crisp Noodles
Parsley Egg Noodles w/Margarine
Apricots

Shui's Herb Chicken Breast
Cream of Pumpkin Celery Soup
Mixed Green Salad w/1000 Island Dressing
Spring Bean Medley
Twisted Noodles
w/Parsley Butter Sauce
* **Cantaloupe**

Cold Plate:
Jack's Mock Crab Salad
Potato Leek Soup
Pickled Beets & Onions
* Tropical Fruit Salad
French Bread
Lettuce, Tomato & Onion
Ice Cream (Peaches)

Veal Parmesan a la Roman & Parmesan Cheese
* **Broccoli**
Tossed Salad w/Ranch Dressing
Spaghetti w/Marinara Sauce
Orange Gelatin w/Pears (Dietetic Orange Gelatin w/Pears)

MEMORIAL DAY CELEBRATION
All American Cheese Pub Burger
* Orange-Pineapple Juice
Boston Baked Beans
* Potato Salad
Lettuce, Tomato & Onion
Mustard, Catsup
Mayonnaise & Relish
Bun
Apple Pie (Applesauce)

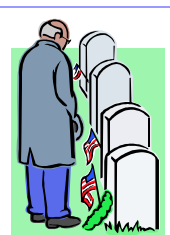
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MEMORIAL DAY CELEBRATION!

Beef Sukiyaki
* Orange Juice
Carrots in Lite Sauce
Steamed Rice
* Citrus Fruit Cup

Southern Style BBQ Chicken
Cream of Tomato Basil Soup
* Potato Salad
Mixed Vegetables
Corn Bread w/Margarine
Raspberry Gelatin w/Pears (Dietetic Raspberry Gelatin w/Pears)

CONCORD HOSTS
NEW RETIREES LUNCHEON
Roast Beef w/Gravy
* Baked Potato w/Marg.
Tender Garden Sweet Peas w/Onions
Mixed Green Salad w/Blue Cheese Dressing
Dinner Roll w/Marg.
Ice Cream (Banana)

Traditional Old Fashioned Turkey Dinner w/Gravy
* Mashed Potatoes
Italian Vegetables
Bread Stuffing
Cranberry Sauce
Apricots

DELICIOUS DECISIONS! DON T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON MAY 5, MAY 9, MAY 16, MAY 23 & MAY 29
4 DAILY ENTREE CHOICES: ENTREE D'JOUR, CHEESEBURGER, CHEF'S SALAD AND SEAFOOD LOUIE SALADI