



Recreation Department Senior Services Division

# MINUTES

REGULAR MEETING  
OF

COMMITTEE ON AGING

Wednesday, February 18, 2015, 3:00 P.M.

Council Chambers, City Hall

10890 San Pablo Avenue

El Cerrito, CA 94530

**This Meeting Place Is Wheelchair Accessible**

## ROLL CALL

**Present:** Karen Christian, Shirley Cressey, Mark Guthrie, Jennifer Haller, Kimi Honda, Janet James, Dr. Pansy Kwong, Callie Major, Kim Marlia, Willa Sudduth and Nola Veganes Chavez

**Excused:** Lillian Daniels, Joanna Kim Selby and Vera Gibbs Winston

**Council Liaison:** Janet Abelson

**Staff Liaisons:** Janet Bilbas

**Guest:** Steve Lipson, Margot Allen and Kenneth Epley

**Meeting called to order at 3:00 P.M.**

### 1. APPROVAL OF MINUTES

Minutes of January 21, 2015 approved with corrections.

### 2. COUNCIL/STAFF LIAISON ANNOUNCEMENTS AND REPORTS

Councilwoman Abelson reported that Officer Lee was selected as Police Officer of the year.

Councilwoman gave an update on the recent robbery / shooting at Little Cesar Pizza. Councilwoman Abelson also reported that no new massage parlor business will be allowed to open until new laws and regulation are established.

Ms. Bilbas reported updates on programs at the senior center and special events:

- AARP Tax-aid income tax preparation can schedule tax appointments from now until April 9
- Pre-applications are now being accept for Ohlone Gardens affordable housing

### 3. ORAL COMMUNICATION FROM THE PUBLIC – Margot Allen ask for more information about the new smoking ordinance.

### 4. REPORTS

**A. Housing Subcommittee** – Janet James shared information on bone health at 2pm on March 20, 2015, at 2014 at Eskaton Hazel Shirley Manor.

**B. Transportation Subcommittee** – Shirley Cressey reported that BART will be investing 2.7 million for new lighting and walkway upgrading the Richmond station starting in March 2015. In May 2015 AC Transit will begin to use double decker buses on route 51B in El Cerrito.

**C. Legislative (State & Federal)** – No report.

**D. Area Agency on Aging Advisory**– No report.

**E. West County Senior Coalition (WCSC)** – No report.

**F. Health Care Subcommittee** – No report.

**G. Membership** – Shirley Cressey moved to nominate Mr. Steve Lipson for membership to the Committee on Aging. Karen Christain seconded the motion. **Action:** Approved unanimously.

**Guest Speaker Subcommittee** – Ms. Veganes Chavez and Mr. Mark Guthrie spoke about future talks with Road Scholar travel program and Marin Clean Energy

- Wednesday, February 25, 2015 1:15pm-2:15pm Toolbox for navigating a loved one's care
- Wednesday, March 11, 2015 1:15pm-2:15pm Remodeling one's house to be able to age in place
- Wednesday, April 1, 2015 1:15pm-2:25pm Ashby Village - Taking charge of our future – aging together
- Sunday, May3, 2015 1pm-4pm El Cerrito Senior Center / Historical Society presents: Big Band Era Tea Dance
- Wednesday, May 27,2015 Free specialized phones

## 5. NEW BUSINESS

**A.** (Honda / Cressey) moved and seconded to approve the Letter in Support of Older Adult Education Programs with corrections **Action:** 9 yes 1 no.

**B.** Shirley Cressey, Janet James and Kim Marlia are the Committee on Aging nominating committee

## 6. ITEMS FOR NEXT AGENDA

- **ELECTION OF OFFICERS**
- **STATUS OF LETTER IN SUPPORT OF OLDER ADULT EDUCATION**

**7. ADJOURNED REGULAR COMMITTEE MEETING** at 4:35PM to the next scheduled regular meeting on Wednesday, March 18 , 2015, 3:00 P.M. at the El Cerrito City Hall, Council Chambers, 10890 San Pablo Avenue.

Submitted by:

Janet Bilbas

Senior Services Supervisor

City of El Cerrito Senior Services Division

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6500 Stockton Avenue, El Cerrito, CA 94530 Tel. (510) 559-7680

E-mail: [jbilbas@ci.el-cerrito.ca.us](mailto:jbilbas@ci.el-cerrito.ca.us)