



Meeting Minutes

REGULAR MEETING OF THE COMMITTEE ON AGING

Wednesday, April 19, 2017, 3:00 P.M.

Council Chambers, City Hall

10890 San Pablo Avenue

El Cerrito, CA 94530

This Meeting Place Is Wheelchair Accessible

ROLL CALL

Members Present: Margot Allen, Katherine Cesa, Shirley Cressey, Kenneth Epley, Jennifer Haller, Janet James, Dr. Pansy Kwong, Steve Lipson, Callie Major, Kim Marlia, Nola Veganas Chavez

Members Absent: Kimi Honda, Joanna Kim Selby

Councilmember Present: Mayor Janet Abelson

Staff Present: Janet Bilbas, Lori Teachout

1. APPROVAL OF MINUTES

Approve the minutes of March 15, 2017 meeting.

Jennifer Haller corrected in Section 4E that the amount be changed to \$3 billion. Steve Lipson noted an error in enumeration in Section 4 (there are two E's).

2. ORAL COMMUNICATIONS FROM THE PUBLIC: None

This place on the agenda is reserved for comments and inquiries from citizen regarding matters which do not otherwise appear on the agenda. Remarks are limited to a maximum of 2 minutes per person

3. COUNCIL/STAFF LIAISON ANNOUNCEMENTS AND REPORTS

Janet Bilbas and/or Mayor Abelson may report on matters of general interest to the El Cerrito Committee on Aging, Council policies, priorities and significant actions taken by the City Council.

Mayor Abelson reported on the Council meeting of April 18, 2017:

- a) Council approved the 29 unit housing development near Central Park.
- b) Council received information regarding marijuana laws and how the City could develop policy to be consistent with current State law.
- c) Council voted Council voted unanimously in support of Senate Bill 54 to affirm the City's values in declaring El Cerrito a sanctuary city.

Janet Bilbas Listed future events at the Open House Senior Center:

- a) "Why a Fiduciary," May 3, 2017 at the OHSC
- b) "Lyft," May 10, 2017, El Cerrito Community Center
- c) "Reverse Mortgages," June 7, 2017 OHSC
- d) "Mindful Meditation," July 27, 2017, OHSC

4. NEW BUSINESS: Nomination/Election of New Officers:

Janet Bilbas announced the elimination of the members at large positions.

Janet Bilbas asked Chair Steve Lipson if he wanted to continue as chair. She asked if anyone else was interested. With no one else interested, the nominations were closed. Steve Lipson was unanimously voted to continue his term.

Kenneth Epley was asked if he was interested in another term as vice-president. No one else was interested in vice-chair. He was voted unanimously as vice president.

Nola Veganas Chavez agreed to one more term as secretary. Running unopposed she was unanimously elected to another term.

Sub-Committee Assignments:

Some Committee members expressed interest in joining subcommittees: Steve Lipson to Health Care; Kenneth Epley to transportation ; Cathy Cesa to West County Coalition

5. REPORTS

(Reports by Members of the Committee. The Committee may discuss individual report topics and refer or schedule issues for future action. Each report is limited to a maximum of 5 minutes.)

- A. Housing Subcommittee: Janet James, Margot Allen, Karen Christian
Janet James reported there will be a podiatry presentation at Eskaton Hazel Shirley Manor on May 24, 2017 at 2 pm.
- B. Transportation Subcommittee: Shirley Cressey
No report
- C. Legislation (State & Federal): Dr. Pansy Kwong
Dr. Pansy Kwong explained Propositions 52, 55, 56:
1) Proposition 52 increases payments for hospital services to low income Californians and provides grants to public hospitals; 2) Proposition 55 authorizes sale of bonds to relieve overcrowding and repair public school facilities; and 3) Proposition 56 (effective April 1, 2017) adds a \$2 tax on cigarettes. Revenues generated would go to tobacco prevention, health care services for low income persons, and education.
- D. Area Agency on Aging Advisory Council: Joanna Kim Selby
None
- E. West County Senior Coalition: Steve Lipson and Jennifer Haller
Jennifer Haller described the services and goals of “Whole Person Care Community Connect” the \$3 billion Program (\$40M annually), which will target vulnerable Medi-cal recipients to improve health outcomes and reduce utilization of high cost services.
- F. Health Care Subcommittee: Kimi Honda and Dr. Pansy Kwong
Dr. Pansy Kwong talked about the dangers of long term use of heartburn medication such as Prilosec. She also talked about revised blood pressure guidelines.
- G. Membership Subcommittee: Shirley Cressey and Kim Marlia
None
- H. Guest Speaker Subcommittee: Jennifer Haller and Nola Veganes Chavez
There will be meditation presentation in July.
- I. Technology: Steve Lipson, Kenneth Epley
Jennifer Haller asked if anyone had any experience with Task Rabbit. Discussion followed about Ring and other security cameras and their use in protecting items delivered to your doorstep.

6. ITEMS FOR NEXT AGENDA

7. ADJOURN REGULAR COMMITTEE MEETING

The next Committee on Aging meeting is Wednesday, May 17, 2017 at 3:00PM at City Hall, Council Chambers, 10890 San Pablo Avenue, El Cerrito, California.

In compliance with the Americans with Disabilities Act if you need special assistance to participate in this meeting, please call Janet Bilbas, Staff Liaison at 510-559-7677. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35.102-35.104 ADA Title II).

COMMUNICATION ACCESS INFORMATION

To request a meeting agenda in large print, Braille, or on cassette, or to request a sign language interpreter for the meeting, call Janet Bilbas, Staff Liaison at (510) 559-7678 at least FIVE (5) WORKING DAYS NOTICE PRIOR TO THE MEETING to ensure availability: 6500 Stockton Avenue, El Cerrito, CA 94530 E-mail: jbilbas@ci.el-cerrito.ca.us