



**Meeting Minutes
COMMITTEE ON AGING**

Wednesday, February 21, 2018, 3:00 P.M.

Council Chambers, City Hall

10890 San Pablo Avenue

El Cerrito, CA 94530

This Meeting Place Is Wheelchair Accessible

ROLL CALL

Members Present: Katherine Cesa, Shirley Cressey, Kenneth Epley, Jennifer Haller, Kimi Honda, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, Nola Veganas Chavez

Members Absent Excused: Karen Christian, Joanna Kim Selby

Staff: Janet Bilbas, Mark Deleon

Council Liaison: Mayor Janet Abelson

Guest: Pamela Wagner, Kisha Harris

1. APPROVAL OF MINUTES

Jennifer Haller noted that in Section 4 NEW BUSINESS that Katherine Cesa reported on Save Alta Bates. Jennifer Haller noted that in Section 3 COUNCIL/STAFF ANNOUNCEMENTS that dockless is one word. Steve Lipson noted Section 5-I TECHNOLOGY for a user group should be removed. Katherine Cesa moved, and Shirley Cressey seconded a motion to approve the minutes as amended. The minutes were approved as amended.

2. ORAL COMMUNICATIONS FROM THE PUBLIC:

None

3. COUNCIL/STAFF LIAISON ANNOUNCEMENTS AND REPORTS:

Councilmember Abelson reported that City Council has been interviewing citizens to serve on a variety of Boards and Commissions. A total of 49 people were interviewed.

Janet Bilbas reported on: City Council approved funding for the senior center portable building. AARP tax-aide income tax preparation February 1- April 12, 2018, Travel Faire Wednesday, February 21, 2018 at 1:15pm., Arrive Rides Friday, March 16, 2018 at 1:15pm, Easy to Grow Herbs Friday, March 30, 2018 at 1:15pm, Alzheimer's 3 part series Friday, April 13,20 and 27,2018 at 1:15pm, Contra Costa Senior Legal Services Friday, May 18, 2018 at 1:15pm, El Cerrito Dynamo Golf Scramble Friday, April 20, 2018.

4. NEW BUSINESS

Katherine Cesa reported on the Community Forum to Save Alta Bates Medical Center in Berkeley. She also reported that Governor Brown vetoed Senator Nancy Skinners Senate Bill 687 Health facilities: emergency services.

Jennifer Haller and Nola Veganas Chavez reported on how other Committee on Aging promote disseminate information. The Committee on Aging voted that all members can submit snippets to be placed in the El Cerrito senior center newsletter.

Steve Lipson reported that the next meeting of the Parks and Recreation master plan will be Tuesday, February 27, 2018. The community has been very vocal about getting permanent pickle ball courts built.

Carol Kehoe reported on the issue with the Post Office handicap parking.

Janet Bilbas passed out the past Committee on Aging Work Plan and request that everyone review it and come the March meeting with changes to the work plan.

5. REPORTS

(Reports by Members of the Committee. The Committee may discuss individual report topics and refer or schedule issues for future action. Each report is limited to a maximum of 5 minutes.)

- A. Housing Subcommittee: Janet James reported on activities at Hazel Shirley Manor, Free Caption Phone Thursday, February 22, 2018 at 2pm.
- B. Transportation Subcommittee: Kenneth Epley reported that the mail box drop off curb located at Fairmount Avenue and Kearney Street has been painted white with red letters stating Drop off only. He also reported about Lime Bikes being parked on the sidewalk.
- C. Legislation (State & Federal): Dr. Pansy Kwong reported that Congress may gut ADA requirements with SB 562.
- D. Area Agency on Aging Advisory Council: No report.
- E. West County Senior Coalition: No report.
- F. Health Care Subcommittee: Kimi Honda reported that a research team based at John Hopkins University has developed a blood test that could detect several types of cancer. Dr. Pansy Kwong reported that elevated blood sugars levels are linked to cognitive problems. Dr. Pansy Kwong also reported that women should receive an Osteoporosis screening at 65 years old and men should be screened at 70 years old.
- G. Membership Subcommittee: Kim Marlia and Shirley Cressey announced 2 vacancies on the Committee on Aging.
- H. Guest Speaker Subcommittee: Jennifer Haller announced other prospective topics are scams, earthquake preparedness, medical marijuana, and compassion and choices will be scheduled after the senior center has moved.
- I. Technology: Steve Lipson reported that "Tech Talks" had 11 participants. El Cerrito has 6 students teaching Eldertech classes on Wednesday afternoon.

6. ITEMS FOR NEXT AGENDA

*Post office handicap parking
Committee on Aging newsletter Snippets
Work Plan*

Adjourn meeting at 4:48pm

7. ADJOURN REGULAR COMMITTEE MEETING

The next Committee on Aging meeting is Wednesday, March 21, 2018 at 3:00PM at City Hall, Council Chambers, 10890 San Pablo Avenue, El Cerrito, California.

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COMMUNICATION ACCESS INFORMATION

To request a meeting agenda in large print, Braille, or on cassette, or to request a sign language interpreter for the meeting, call Janet Bilbas, Staff Liaison at (510) 559-7678 at least FIVE (5) WORKING DAYS NOTICE PRIOR TO THE MEETING to ensure availability: 6500 Stockton Avenue, El Cerrito, CA 94530 E-mail: jbilbas@ci.el-cerrito.ca.us