



**Meeting Minutes
COMMITTEE ON AGING**

Wednesday, March 21, 2018, 3:00 P.M.

Council Chambers, City Hall

10890 San Pablo Avenue

El Cerrito, CA 94530

This Meeting Place Is Wheelchair Accessible

ROLL CALL

Members Present: Katherine Cesa, Shirley Cressey, Kenneth Epley, Jennifer Haller, Kimi Honda, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, Joanna Kim Selby, Nola Veganes Chavez

Members Absent Excused: Karen Christian

Staff: Janet Bilbas, Mark Deleon

Council Liaison: Mayor Janet Abelson Absent

Guest: Frances Smith, Kisha Harris

1. APPROVAL OF MINUTES

*Grammar mistakes were noted and corrected.

Dr. Pansy Kwong noted that in ROLL CALL Katherine's name was misspelled. Jennifer Haller reported in NEW BUSINESS to remove "promote themselves" and add "disseminate information". Jennifer Haller moved, and Shirley Cressey seconded a motion to approve the minutes as amended. The minutes were approved as amended. Joanna Kim Selby abstained.

2. ORAL COMMUNICATIONS FROM THE PUBLIC:

None

3. COUNCIL/STAFF LIAISON ANNOUNCEMENTS AND REPORTS:

Janet Bilbas reported on these upcoming events: Easy to Grow Herbs Friday, March 30, 2018 at 1:15pm, Alzheimer's 3 part series Friday, April 13,20 and 27,2018 at 1:15pm, Contra Costa Senior Legal Services Friday, May 18, 2018 at 1:15pm, El Cerrito Dynamo Golf Scramble Friday, April 20, 2018, new program titled: Current Events Seminar Starting Friday April 6, at 1:00pm-2:00pm, and Recreation Volunteer Appreciation Dinner Friday, April 27, 5:30pm-8:00pm.

PRESENTATION ON SENIOR POLICY PLATFORM: Frances Smith with the Contra Costa Council on Aging presented Age-Friendly Communities that are welcoming to all whether one is eight years old or 80 years old.

4. NEW BUSINESS

Jennifer Haller reported to the committee on the layout of Snippets in the 50 plus bulletin.

Carol Kehoe reported on handicap parking at the El Cerrito post offices.

Committee members reviewed part of the Committee Work Plan and will continue reviewing at the April meeting.

5. REPORTS

(Reports by Members of the Committee. The Committee may discuss individual report topics and refer or schedule issues for future action. Each report is limited to a maximum of 5 minutes.)

- A. Housing Subcommittee: Janet James reported on activities at Hazel Shirley Manor, Aging Challenges and Medical Solutions, Friday, April 27, 2018 at 2pm and Get to Know Your New 2018 Medicare Card Friday, June 1, 2018 at 2pm .
- B. Transportation Subcommittee: Kenneth Epley reported about Neptune cremation services and new type of voting machines. Shirley Cressey reported that since January 31, 2018 you must have a BART ticket to ride otherwise you will receive a heavy fine.
- C. Legislation (State & Federal): No report.
- D. Area Agency on Aging Advisory Council: Joanna Kim-Selby reported on the Contra Costa County Area Agency on Aging 2018-2019 Area Plan Update.
- E. West County Senior Coalition: Carol Kehoe reported on What's Happening to Your Social Security, Medicare and Medicaid? Tuesday, April 17, 2018 9:30am-12pm at the Richmond Memorial Auditorium, and May 8, 2018 is Senior Rally Day in Sacramento.
- F. Health Care Subcommittee: Kimi Honda reported that American Journal of Infection Control states that patients in hospitals that brush their teeth several times a day help to reduce developing pneumonia. Dr. Pansy Kwong reported that longevity in the USA has been affected by the Opioid epidemic.
- G. Membership Subcommittee: Janet Bilbas reported that Karen Christian maybe resigning from the committee.
- H. Guest Speaker Subcommittee: Nola Veganes Chavez announced that CERT will be contacting us about scheduling a presentation.
- I. Technology: Steve Lipson reported that he will be scheduling a "Tech Talk" soon. Eldertech classes on Wednesday afternoon are well attended.

6. ITEMS FOR NEXT AGENDA

*Officer Election
Work Plan*

Adjourn meeting at 5:10pm

7. ADJOURN REGULAR COMMITTEE MEETING

The next Committee on Aging meeting is Wednesday, April 18, 2018 at 3:00PM at City Hall, Council Chambers, 10890 San Pablo Avenue, El Cerrito, California.

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COMMUNICATION ACCESS INFORMATION

To request a meeting agenda in large print, Braille, or on cassette, or to request a sign language interpreter for the meeting, call Janet Bilbas, Staff Liaison at (510) 559-7678 at least FIVE (5) WORKING DAYS NOTICE PRIOR TO THE MEETING to ensure availability: 6500 Stockton Avenue, El Cerrito, CA 94530 E-mail: jbilbas@ci.el-cerrito.ca.us