



Recreation Department

Staff Liaison
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**MINUTES
REGULAR MEETING OF THE
COMMITTEE ON AGING**

Wednesday, August 18, 2021, at 3 p.m.

VIA TELECONFERENCE

3:00 p.m. CONVENE REGULAR MEETING Chair Epley called the meeting to order at 3:00 p.m.

1. ROLL CALL

Present: Chair Kenneth Epley; Vice Chair Pamela Wagner; Members Buddy Akacic, Katherine Cesa, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Bruce Yow
Absent: Members Kim Marlia, Joanna Kim-Selby
Also Present: Janet Abelson, Council Liaison; Bridget Cooney, Staff Liaison
Members from the Public: None

2. COMMITTEE ANNOUNCEMENTS

Member Cesa announced that Travel Training may resume in September.

Member Akacic requested that discussion and possible action regarding a "Senior of the Year Award" be added to the agenda for the September 15th meeting.

Member Akacic announced that every Friday at 10:00 am there is a Senior Seminar that meets in unit 318 at Hana Gardens apartments and every Friday at 1:00 pm, there is a Senior Stroll that meets outside in front of Hana Gardens Apartments.

3. ORAL COMMUNICATIONS FROM THE PUBLIC

Public comment not on the agenda was received from Cordell Hindler and was included in the supplemental materials.

4. COUNCIL/STAFF LIAISONS ANNOUNCEMENTS AND REPORTS

Council Liaison Abelson reported that Council held their first in-person council meeting on August 17, 2021. City staff and Council members were in person, others attending the meeting were able to do so virtually using zoom. City Council meetings will transition to in-person meetings with a zoom option for those interested so there is a choice. Council spent some time discussing the BART TOD project at El Cerrito Plaza.

Staff Liaison Cooney reported that a mailer with information on in-person City programs would go out in the East Bay Sanitary quarterly statement in September. The mailer includes information for programs for all ages.

Staff Liaison Cooney reported that the Committee on Aging recommendation to recognize Centenarian residents was sent to Mayor Fadelli.

5. APPROVAL OF THE MINUTES

Moved/Second: Member Kehoe/Vice Chair Wagner
Action: Adopted the minutes from the Committee meeting on **July 21, 2021**
Ayes: 8 **Nos:** None **Abstention:** 1 (Member Cesa)

6. COMMITTEE ON AGING MEMBERSHIP UPDATE

Chair Epley recognized David Van Etten for his service on the Committee on Aging and acknowledged his resignation. Currently there are four openings on the Committee on Aging.

7. COMMITTEE ON AGING WORK PLAN GOAL SETTING AND WORK GROUP ASSIGNMENT DISCUSSION

Chair Epley and staff liaison Cooney led a discussion to review the revised draft Committee on Aging 2021-22 Work Plan Goals and Working Group assignments.

Members Kehoe, Dr. Kwong and Vice Chair Wagner proposed preparing and distributing a monthly Committee on Aging Newsletter that includes information, programs, and services pertinent to seniors in El Cerrito that may not be included in the City's 60+ Bulletin. The goal of the COA newsletter is to increase outreach efforts and delivery of information to seniors who would otherwise not have access to the information. Members were directed to review the sample newsletter included in the agenda packet.

The committee made a motion to adopt the 2021-22 Committee on Aging Work Plan with edits to include distribution of a monthly Committee on Aging Newsletter. Additionally, the committee made a motion to approve for distribution, the Committee on Aging Newsletter included in the agenda packet.

Moved/Second: Member Kehoe/Member Dr. Kwong

Action: Adopt the 2021-22 Committee on Aging Work Plan with edits including the distribution of the Committee on Aging Newsletter draft included in the supplemental packet.

Ayes: 9 **Nos:** None **Abstention:** 0

8. COMMITTEE LIAISON ANNOUNCEMENTS AND REPORTS

Advisory Council on Aging liaison Lipson reported that the county, courtesy of the USC school of gerontology, received 130 cellular iPads for seniors for distribution through various service organizations.

Liaison Lipson reported that the county is working on an Aging Disability Resource Connection Plan.

Lipson reported that the Great Plates program is ending. The program started in May 2020 and helped support seniors in food crises. 307,000 meals to over 400 people throughout Contra Costa County.

West County Senior Coalition – Member Kehoe reported that Measure X was discussed at the meeting. The West County Senior Coalition formed committees to evaluate what to bring to the Board of Supervisors to determine funding allocations. Transportation was a priority area. The Board of Supervisors will finalize their funding priorities in September.

9. WORKING GROUP ANNOUNCEMENTS AND REPORTS

- a) *Health Care & Legislation: Member Dr. Kwong reported that the CDC recommended a third dose of the COVID-19 vaccine for those who are immunocompromised. Dr. Kwong reported that people working in nursing homes will be required to have a third dose of the vaccine beginning in September, or risk loss of funding.*

Member Dr. Kwong encouraged member to go online to review the California State budget.

b) *Transportation: No report*

10. FUTURE AGENDA ITEMS

- Next Meeting: Wednesday, September 15, 2021, at 3pm
- Discussion and possible action taken on the 2021-22 Work Plan Goal: Public Transportation Infrastructure Improvements – Ken Epley (TBD)
- Discussion and possible action taken on the 2021-22 Work Plan Goal: Remove unused newspaper racks – Ken Epley (TBD)
- Discussion and possible action taken regarding a “Senior of the Year Award” – Buddy Akacic (September)
- Discussion and possible action taken to adopt meeting calendar for 2022 Committee on Aging Meeting Calendar (October)

11. ADJOURNMENT

Chair Kenneth Epley adjourned the meeting at 5:01 p.m.

This is to certify that the foregoing is a true and correct copy of the minutes of the regular Committee on Aging meeting of September 15, 2021, as approved by the Committee on Aging.

Ken Epley dated 17 Sept 2021

Kenneth Epley, Chair

Bridget Cooney

Bridget Cooney, Staff Liaison