AGENDA
REGULAR MEETING OF THE
COMMITTEE ON AGING
WEDNESDAY, May 18, 2022 at 3p.m.

JOIN VIA ZOOM:
https://us06web.zoom.us/j/88615465436?pwd=NThDWH1VNE4wQ1BwVzZMWE02Rmt6UT09
Meeting ID: 886 1546 5436  Password: 695771
or Dial in: 1-408-638-0968

This advisory body is currently meeting by teleconference, consistent with the Brown Act as amended by AB 361 (2021). Under the amended rules, teleconference restrictions of the Brown Act are suspended and the City will not provide a physical location for members of the public to participate in the teleconference meeting.

Any person wishing to speak to the Committee on Aging on any of these matters is invited to participate via teleconference as described above.

The City encourages submission of written comments in advance to the Committee on Aging via email to bcooney@ci.elcerrito.ca.us prior to the meeting or by contacting the staff liaison listed above.

3:00 p.m. CONVENE REGULAR MEETING

1. **ROLL CALL** – Chair Kenneth Epley; Vice-Chair Katherine Cesa; Members Buddy Akacic, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, Pamela Wagner, Bruce Yow

2. **ORAL COMMUNICATIONS FROM THE PUBLIC**
ReOmarks are typically limited to three minutes per person, and may be on anything within the subject matter jurisdiction of the body. Remarks on non-agenda items will be heard first, as well as introduction by individuals interested in serving on the advisory body. Remarks on agenda items will be heard at the time the item is discussed.

3. **COMMITTEE MEMBER ANNOUNCEMENTS**
Remarks are typically limited to three minutes per person and are informal announcements on matters of general interest which are announced by Committee on Aging Members.

4. **COUNCIL/STAFF LIAISON ANNOUNCEMENTS AND REPORTS**
Councilmember Abelson and/or Staff may report on matters of general interest to the Committee on Aging, Council policies, priorities and significant action taken by City Council.

5. **COMMITTEE ON AGING LIAISON REPORTS**
Liaisons for the Advisory Council on Aging and the West County Senior Coalition report on matters of interest to the Committee on Aging. Reports are limited to three minutes per group.
6. **APPROVAL OF THE MINUTES**
Pass a motion to adopt the minutes from the Committee on Aging meeting on April 20, 2022.

7. **EL CERRITO FIRE DEPARTMENT PRESENTATION**
Fire Marshall Beckman with the El Cerrito Fire Department will present information on fire safety and prevention.

8. **WORK PLAN 2021-2022 ACCOMPLISHMENTS AND 2022-2023 WORK PLAN GROUP ASSIGNMENTS**
*Discussion and possible action to approve 2021-22 Work Plan accomplishments.*

9. **FUTURE AGENDA ITEMS**
- Next Meeting: June 15, 2022 at 3:00 p.m.
- Annual Work Plan 2022-23 Goal Setting & Work Group Assignments: June
- Future Presentation Topics: Police Department, Public Works, Senior Legislature Program, Recycle Center: New Composting Laws, Certified Fiduciary (TBD)

10. **ADJOURNMENT**

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Staff Liaison, (510) 559-7008. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35.102-35.104 ADA Title I).

Any writings or documents provided to a majority of the members regarding any item on this agenda will be made available for public inspection at City Hall, 10890 San Pablo Ave during normal business hours.
AGENDA MATERIALS

COMMITTEE ON AGING MEETING MAY 18, 2022

(Revised 05/18/2022 at 9:00 AM)

AGENDA ITEM 2 - ORAL COMMUNICATIONS FROM THE PUBLIC

1. Public Comment Index

AGENDA ITEM 6 – APPROVAL OF MINUTES

1. Draft Meeting Minutes – April 20, 2022

AGENDA ITEM 8 – WORK PLAN 2021-22 ACCOMPLISHMENTS

1. Draft Committee on Aging Work Plan 2021-22 Accomplishments
SUPPLEMENTAL AGENDA MATERIALS
PUBLIC COMMENT INDEX

COMMITTEE ON AGING MEETING
MAY 18, 2022, at 3pm

The following Public Comments were received by 9:00 a.m. 5/17/2022, were provided directly to Committee on Aging members in advance of the meeting, and were posted online as supplemental materials at:

http://www.el-cerrito.org/ArchiveCenter/ViewFile/Item/5879

AGENDA ITEM 2 – ORAL COMMUNICATIONS FROM THE PUBLIC

1. Cordell Hindler
hello Bridget, the Only Comment is that I would Like to Invite the Committee on Aging to the EL CERRITO chamber of Commerce Spring Celebration & Mixer This Thursday from 5:30 to 7:30 pm Berkeley Country Club
elcerritochamber.org
sincerely
Cordell
3:00 p.m. CONVENE REGULAR MEETING Chair Epley called the meeting to order at 3:00 p.m.

11. ROLL CALL
   Present: Chair Kenneth Epley; Members: Buddy Akacic, Katherine Cesa, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, Bruce Yow
   Absent: Vice Chair Pamela Wagner
   Also Present: Bridget Cooney, Staff Liaison, Mayor Gabe Quinto,
   Members from the Public: Barbara Goldstein

12. ORAL COMMUNICATIONS FROM THE PUBLIC
   Public comment not on the agenda received from Cordell Hindler included in the supplemental materials.

   Barbara Goldstein introduced herself to the committee.

13. COMMITTEE ANNOUNCEMENTS
   Member Akacic reported that Councilmember Abelson was in a care home recovering from an illness.

   Member Akacic announced upcoming East Bay Senior Strolls.

   Kehoe requested that a future agenda item be a discussion and action to make a recommendation to council to develop a Memorial Bench Program for COVID-19 victims.

14. COUNCIL/STAFF LIAISONS ANNOUNCEMENTS AND REPORTS
   Reports by Councilmember Abelson and/or staff on matters of general interest to the Committee on Aging, Council policies, priorities and significant action taken by City Council.

   Mayor Quinto reported that April 17-23rd was Mosquito Awareness Week.

   Mayor Quinto reported vacancies on various boards and commissions.

   Mayor Quinto reported that City Council approved the purchase a new fire truck.

   Mayor Quinto reported that Councilmember Abelson was ill and is recovering.

   Mayor Quinto encouraged continued support of Adult Education through the West Contra Costa Unified School District.
15. COMMITTEE ON AGING LIAISON ANNOUNCEMENTS AND REPORTS
   Member Lipson reported on items discussed at the April 20th Advisory Council on Aging.
   
   Members Cesa and Kehoe reported that the March West County Senior Coalition meeting included updated information about Senior and Disabled Transportation in the county.

16. APPROVAL OF THE MINUTES
   Moved/Second: Member Kehoe Moved /Member Cesa Second
   Action: Adopted the minutes with corrections from the Committee meeting on March 16, 2022.
   Ayes: Chair Epley, Member Akacic, Member Cesa, Member James, Member Kehoe, Member Dr. Kwong, Member Lipson, Member Marlia, Member Yow
   Nos: None
   Abstention: None

17. WORK PLAN REPORTS
   a) Outreach Newsletter:
   Moved/Second: Member Kehoe Moved /Member James Second
   Action: Approved with edits, the April/May 2022 edition of the Committee on Aging Outreach Newsletter for distribution.
   Ayes: Chair Epley, Member Akacic, Member Cesa, Member James, Member Kehoe, Member Dr. Kwong, Member Lipson, Member Marlia, Member Yow
   Nos: None
   Abstention: None

18. EL CERRITO FIRE DEPARTMENT PRESENTATION
   Presentation by Fire Marshall Beckman postponed until the May 18, 2022, Committee on Aging meeting.

19. CHRIST LUTHERAN CHURCH & SENIOR CENTER FARMER’S MARKET
   Member Kehoe reported that the new Senior Center Farmer’s Market at the Christ Lutheran Senior Center is a partnership with an Alameda County non-profit organization called “Front Porch” (formerly COVIA). The intention is for fruits and vegetables to be sold at cost to seniors with the goal of the program being to get more fresh fruits and vegetables to seniors. The program will start on June 6, 2022. Anyone interested in volunteering with the program should contact Member Kehoe.

20. REORGANIZATION OF THE COMMITTEE ON AGING ADVISORY BODY
   Per City ordinance, select Chair and Vice Chair for the Committee on Aging for 2022-2023.
   
   Action: Member Lipson nominated Chair Epley to serve a second term as the Chair of the Committee on Aging.
   Moved/Second: Member Lipson Moved /Member James Second.
   Ayes: Chair Epley, Member Akacic, Member Cesa, Member James, Member Kehoe, Member Dr. Kwong, Member Lipson, Member Marlia, Member Yow
   Nos: None
   Abstention: None
   
   Action: Chair Epley nominated Member Cesa to serve as the Vice Chair of the Committee on Aging / Member James seconded the nomination.
Moved/Second: Member Kehoe Moved /Member Yow Second.  
Ayes: Chair Epley, Member Akacic, Member Cesa, Member James, Member Kehoe, Member Dr. Kwong, Member Lipson, Member Marlia, Member Yow  
Nos: None  
Abstention: None

21. FUTURE AGENDA ITEMS
   • Next Meeting: Wednesday, May 18, 2022  
   • Fire Department Presentation (May 18)  
   • Discussion & action regarding Memorial Bench in honor of COVID-19 victims (May 18)  
   • Annual Work Plan accomplishments 2021/22: (May 18th)  
   • Annual Work Plan Goal Setting and Work Group Assignment (June 15, 2022)  
   • Public Fiduciary Presentation (TBD)  
   • California Senior Legislature (CSL) Program Presentation (TBD)

22. ADJOURNMENT
   Chair Kenneth Epley adjourned the meeting at 4:00 p.m.

   This is to certify that the foregoing is a true and correct copy of the minutes of the regular Committee on Aging meeting of May 18, 2022, as approved by the Committee on Aging.

_______________________________________________________
Kenneth Epley, Chair

_______________________________________________________
Bridget Cooney, Staff Liaison
<table>
<thead>
<tr>
<th>Priority Ranking</th>
<th>Goal/Objective</th>
<th>Proposed Activities</th>
<th>Work Group Assignment</th>
<th>Timeline For Completion</th>
</tr>
</thead>
</table>
| 1.               | (Outreach)    | A) Identify low-cost ways to distribute the 60+ Senior Bulletin to more residents in El Cerrito.  
B) Promote the Memorial Bench program. Share information regarding the program with senior centers, senior housing, individual residents, businesses and other clubs and organizations in El Cerrito.  
C) Prepare a list of local free and low-cost food distribution locations for seniors and share resource list with senior centers, senior housing, the library, and senior residents.  
D) Prepare a list of local free/low-cost programs, activities and events for seniors and share resource list with senior centers, senior housing, the library, and senior residents.  
E) Prepare and distribute a monthly Committee on Aging Newsletter with the intention of sharing resources and information about senior services, events and programs that aims to improve the health and well-being of seniors in El Cerrito. | Wagner, Dr. Kwong, Kehoe | Completed:  
September 2021 – a mailer with information regarding in-person City programs sent out in the East Bay Sanitary quarterly statements.  
September 2021 - First Committee on Aging Outreach Newsletter published and distributed by COA members. Information in newsletter included food assistance programs, COVID boosters and in-person programs and activities for seniors.  
October 2021 – Second edition of the COA Outreach Newsletter published and distributed. Information included health updates and legislation, centenarian recognition program, in-person senior classes and activities, Health Insurance Counseling and Advocacy Program (HICAP) and Memorial Bench program.  
February 2022 - Third edition of the COA Outreach Newsletter published and distributed. Work Group decided to move to a bi-
| 2. | (Public Transportation Infrastructure Improvement Recommendations) | A) Identify AC Transit bus stops in the city without benches or weather shelters that would benefit from having benches/shelter installed. | Epley & Wagner |
|    | | B) Prepare a recommendation to give to Council for weather shelter and bench installation at identified bus stops. Put on the agenda discussion and possible action (motion to recommend to City Council). | Completed: |
|    | Prepare a recommendation to City Council to: | | 10/20/21 - COA passed a motion to submit a recommendation to City Council to install a weather shelter at AC Transit stop #55594, southbound and bus benches at AC Transit stops #55117 northbound and #54406 southbound. |
|    | 1) Install bus benches at stops #55117 northbound and #55506 southbound San Pablo Ave at Potrero Ave. | | 11/3/21 - Recommendation was sent to Council and was included in the City Council agenda packet for the 11/16/21 council meeting. |
|    | 2) Install weather shelter at stop #55594 southbound San Pablo Ave at Potrero Ave. | | |

April 2022 – Fourth edition of the COA Outreach Newsletter published and distributed. Published newsletter added to Recreation Department Adult Programs and Services website. Newsletter replaced what was formerly called COA Senior Snippets.

February 2022 – Memorial Bench installed at Canyon Trail Park for Aaron Morris Kamil and second Memorial Bench order placed for Kimi Honda

Move Outreach Newsletter to on-going work group assignment for 2022-23.
<table>
<thead>
<tr>
<th></th>
<th>(Newspaper rack removal)</th>
<th>A) Identify unused or damaged newspaper racks on San Pablo Ave.</th>
<th>Epley</th>
<th>No action taken by Council.</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.</td>
<td>1) Prepare a recommendation to City Council to remove unused newspaper racks in El Cerrito on San Pablo Ave.</td>
<td>B) Prepare a recommendation to give to Council for removal of identified unused newspaper racks. Put recommendation on agenda for discussion and action (motion to recommend to City Council).</td>
<td></td>
<td>Completed:</td>
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<tr>
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<td>10/20/21 COA passed a motion to submit a recommendation to Council to remove unused and unsightly newspaper racks located on San Pablo Ave.</td>
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<td>Identified newspaper racks located on San Pablo Ave in front of City Hall and on San Pablo Ave in front of the Post Office.</td>
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<td>11/3/21 Recommendation sent to Council and included in the Council agenda packet for the 11/16/21 council meeting.</td>
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<td>Recommendation accepted by Council.</td>
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<td>March 2022 – Chair Epley reported that newspaper racks had been removed.</td>
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<td>4.</td>
<td>(Centenarian Recognition) Recognize residents turning 100-years old or older through the Mayoral Certificate of Recognition program.</td>
<td>A) Identify El Cerrito Residents turning 100-years old or older (Reach out to senior housing, senior centers and neighborhood groups including posting notices on City website and social media to identify residents turning 100-years old or older).</td>
<td>Kehoe, Marlia</td>
<td>Completed:</td>
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<td>May-June 2021 Prepared a recommendation to give to Council for Centenarian Recognition. Put recommendation on agenda for discussion and action (motion to recommend to Council).</td>
</tr>
</tbody>
</table>
B) Contact nominated residents and/or person nominating the resident to gather background information and interesting life events (including how long they have lived in El Cerrito/what brought them to El Cerrito).

C) Submit names, birth date, and contact information to staff liaison. Staff liaison will work with City Clerk and City Council for recognition certificate(s).

D) Prepare a recommendation to give to Council for Centenarian Recognition at a city council meeting. Put recommendation on agenda for discussion and action (motion to recommend to City Council). Submitted & recommendation accepted August 2021.

July 2021 - Submitted recommendation to Council
August 2021 - recommendation accepted by Council. Centenarian Recognition moved to on-going working group assignment and process for recognition established.

Quarterly recognition process for Centenarians:

1. COA verification of list provided by City Clerk (send quarterly)
   a. Confirm physical address and that individual(s) are still with us
2. Mayor announces/recognizes under Council Communications
3. Signed Certificates mailed to the address on file.
4. Schedule as follows:
   a. 1st Quarter (Jan-Mar)
      i. COA verification requested 3/1, due by 3/31
      ii. Certificates and announcements completed in April
   b. 2nd Quarter (Apr-Jun)
      i. COA verification requested 6/1, due by 6/30
| ii. | Certificates and announcements completed in **July** |
| c. 3rd Quarter (July-Sept) |
| i. COA verification requested 9/1, due by 9/30 |
| ii. Certificates and announcements completed in **October** |
| d. 4th Quarter (Oct-Dec) |
| i. COA verification requested 12/1, due by 12/31 |
| ii. Certificates and announcements completed in **January** |

Move to on-going work group assignment for 2022-23.