



## Zumba – stay in shape while having FUN!

EC ZumFit offers 15 classes each week – Zumba, Zumba Gold, Zumba Gold Toning and Body Sculpting. All classes are 1 hour. Try all of the different classes to find the one that best fits your fitness needs and schedule. Keep up-to-date with schedule and locations changes, cancellations and most of all, the special 90-minute mash-up events by signing up for email updates. You can also scan the QR codes to the right for information about classes, purchasing class passes and reserving your spot.

For more information or receive email updates, contact Stephanie at [stephanie4zumba@gmail.com](mailto:stephanie4zumba@gmail.com).

See you on the dance floor!

Class Schedule & Locations – January 1 to May 31, 2023			
Zumba	9:00 am	M, Tu, W, Th, F, Sa, Sun	ECCC Social Hall
	6:30 pm	M, W	Skylight Room
Zumba Gold*	10:15 am	M, W, F	ECCC Social Hall
Zumba Gold Toning*	10:15 am	Tu, Th	ECCC Social Hall
Body Sculpting*	10:15 am	Saturday Only	ECCC Social Hall
Cancelled Classes	April 15 – Saturday – All Classes		

\*Classes and locations are subject to change. **Questions?** Email [stephanie4zumba@gmail.com](mailto:stephanie4zumba@gmail.com)

Pass Prices	Standard		Senior 60+	
	EC Res	Non-Res	EC Res	Non-Res
One class pass	\$11	\$14	--	--
Monthly (unlimited)	\$125	\$155	\$106.25	\$131.75
10-class pass	\$94	\$116	\$79.90	\$98.60
5-class pass	\$52	\$64	--	--

Passes are good for all classes: Zumba, Zumba Gold, Zumba Gold Toning and Body Sculpting.



**El Cerrito Recreation Dept.**  
Buy passes here.



**punchpass.com**  
Reserve classes here.



**eczumfit.com**  
For current class information



**Dance with proof of vaccination**  
(masking optional if vaccinated)  
**Not vaccinated? Dance with a Mask.**

